

Assessing Your Recovery

RED LIGHT

STOP/EMERGENCY

Go to the Emergency Department or call 911 if you have any of the following:

- Difficulty in breathing or shortness of breath
- Chest pain
- Localized chest pain with coughing or when taking deep breath

YELLOW LIGHT

CAUTION

Call your surgeon's office if you have any of the following:

- Fever of 101.0 °F
- Increased redness, heat, drainage or swelling around the incision
- Increased pain or significant decrease in motion during activity and at rest
- Increased swelling, pain or tenderness of the thigh, calf, ankle or foot
- Abnormal bleeding of any kind, such as increased bleeding from the incision, or nosebleed, etc.
- Blood in urine

GREEN LIGHT

ALL IS GOOD

When your symptoms are under control you experience:

- No difficulty in breathing or flu-like symptoms
- No chest pain
- No abnormal bleeding or drainage from the incision site
- Slight pain and swelling is to be expected during healing process