



Kidney Transplant Candidate Selection Criteria Guidelines

The following are guidelines used to select patients for kidney transplant. All criteria are subject to individual review by the Kidney Transplant Team.

- Age 18 or older, and younger than 80 years old
- BMI of 40.0 or less, at surgeon's discretion
- Patients with a history of COPD must be non-oxygen dependent (pulmonology consult may be required)
- Suitable cardiac function with an ejection fraction greater than 25% and no active or unstable coronary artery disease, decompensated heart failure, severe pulmonary hypertension, or uncontrolled dysrhythmias
- Adequate pelvic vessels per abdominal (kidney, ureter, bladder) X-Ray and/or pelvic CT scan
- Continues to urinate or have documented bladder capacity, per cystogram, cystoscopy. (if anuric, bi-annual cystogram may be required to verify bladder capacity)
- Documented compliance with medical treatment plan (dialysis treatment plan, medication schedule and appointments)
- No active tobacco/nicotine use (including smoking, electronic cigarettes, vape, smokeless tobacco, nicotine patches, and gum)
- No progressive or advanced dementia/major neurocognitive disorder
- Stable psychiatric and emotional status
- No active substance abuse
- No active or chronic infections, open skin wounds, or soft tissue infections
- Patients with Hepatitis B or C must have no advanced cirrhosis or decompensated active hepatitis
- No unresolved malignancies, candidates who have had appropriate treatment and have remained cancer-free for an appropriate length of time (dependent on specific type of cancer) may be evaluated for transplant
- If patient is HIV positive, must be actively followed and have clearance from Infectious Disease and must be free of active opportunistic infection
- Support resources deemed adequate to support necessary post-transplant care
- Final approval by consensus of the Transplant Review Team (TRT)

For more information or to make a referral, please call (616) 685-6506.

Trinity Health Kidney Transplant Center

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