



Guide to Care

SouthEast Michigan

Our family *caring* for yours.



Welcome to Trinity Health IHA Medical Group. We are here for you, with nearly 1,000 health care providers in over 125 locations close to your home or work. Please use this guide or go online at TrinityHealthMichigan.org to learn more about our team and how we may care for you and your family.

Free Patient Events

meet the pediatric providers

Our pediatric practices hold monthly group meetings for expectant parents and parents of potential new patients. Ask questions, learn about our practice philosophy, office hours and more!

Scan the QR code to register!



Life with Baby Post-Partum Class

Mom, Baby + Partner (2-4 weeks old)

**First Tuesday
of the Month
6:00 PM**

**Scan the
QR code to
register!**



Wednesday Wellness Education Series

Twice each month, one of our leading providers, physicians or surgeons will present on a variety of topics.

Scan the QR code to register!



Third Trimester Class

FOR NEW
MOMS
+ LABOR
COACHES

**Third Wednesday
of the Month
7:00 PM**

**Scan the
QR code to
register!**



Important Numbers

IHA Medical Group
Call Center
844-IHA-DOCS

Trinity Health Patient
Business Services (Billing)
800-494-5797

Trinity Health MyChart
Patient Portal Support Line
844-982-4278

IHA Medical
Group Imaging
734-434-0539

TrinityHealthMichigan.org/Medical-Group



URGENT CARE

We are here to care for you seven days a week, both in-person and virtually.

Brooklyn

212 S. Main St., Suite B
Brooklyn, MI 49230

P: 517-938-6085
F: 517-938-6086



Canton

1600 S. Canton Center Rd.
Canton, MI 48188

P: 734-844-8743
F: 734-844-8744



Chelsea

14288 E. Old US Highway 12
Suite 400
Chelsea, MI 48118

P: 734-327-6115
F: 734-327-1164



Clarkston

5789 S. Main St., Suite 200
Clarkston, MI 48346

P: 248-287-7850
F: 248-287-7851



Domino's Farms

4200 Whitehall Dr.
Suite 150
Ann Arbor, MI 48105

P: 734-995-0308
F: 734-995-0425



East Brighton

5505 S. Old US 23, Suite 200
Brighton, MI 48116

P: 810-494-6810
F: 810-494-6805



EMU

1065 North Huron River Dr.
Suite 200
Ypsilanti, MI 48197

P: 734-896-4112
F: 734-896-4113



Hamburg

10020 Professional Centre Dr.
Suite 120
Hamburg, MI 48139

P: 810-231-6080
F: 810-231-0256



Howell

202 W. Highland Rd.
Howell, MI 48843

P: 517-338-9084
F: 517-338-9091



Milan

870 E. Arkona Rd., Suite 105
Milan, MI 48160

P: 734-222-4150
F: 734-222-4151



Saline

7115 E. Michigan Ave., Suite 200
Saline, MI 48176

P: 734-977-0197
F: 734-977-0218



Schoolcraft Campus

19000 St. Joe's Parkway
Suite 140
Livonia, MI 48152

P: 734-213-3688
F: 734-213-3687



Southeast Livonia

29370 Plymouth Rd.
Suite 200
Livonia, MI 48150

P: 734-884-5212
F: 734-884-5213



South Lyon

23200 Pontiac Trail
South Lyon, MI 48178

P: 248-486-3310
F: 248-486-3309



Waterford

4400 Highland Rd.
Suite 101
Waterford, MI 48328

P: 248-599-6190
F: 248-618-0355



West Arbor

4350 Jackson Rd.
Suite 230
Ann Arbor, MI 48103

P: 734-887-4396
F: 734-887-4614



What is Urgent Care?

Offering extended hours seven days a week including holidays, IHA Urgent Care is just what the patient ordered. No more waiting for hours in an Emergency Room, now you have a quicker, more cost-effective alternative that fits your schedule... and your budget.

We treat non-life-threatening medical conditions, such as:

- Abdominal pain (non-severe)
- Bumps, cuts, sprains and strains
- Headaches
- Most fracture care, including splinting and bracing
- Acute back pain and neck pain
- Imaging
- Colds, coughs and flu symptoms
- Minor eye problems
- Cuts requiring stitches
- Minor procedures, including laceration repair
- Conjunctivitis (pink eye)
- Minor head injuries
- Sports physicals
- Mild to moderate allergic reactions
- Flu shots
- Mild to moderate asthma
- Sore throats, ear infections and sinus infections
- Urinary tract infections (UTIs)
- Seasonal allergies
- Skin rashes



Save Your Spot
bit.ly/IHAurgentcare

Skip the wait and save your spot at our urgent care locations. Your saved spot is not a guaranteed appointment, but an option that allows you – or a sick family member – to seek care at a time that is convenient.



Please visit us online for the most up-to-date hours at:
trinityhealthmichigan.org/services/urgent-care



Imaging hours may vary. Please call ahead.



General Ultrasound Available



X-Ray Available



Get Care from Home.

A **virtual urgent care** visit can get you the help you need today without leaving your couch.

Scan the QR code to schedule a virtual urgent care appointment.

Trinity Health IHA Medical Group
PRIMARY CARE

Learn more, find a provider
 and schedule an appointment!



LENAWEE COUNTY

Clinton ●

11775 Tecumseh-Clinton Hwy.
 Clinton, MI 49236

P: 517-456-7449
F: 517-456-6059

Family Medicine

Ahmad Bilal, MD
 Adam Kosteva, MD
 Jeffrey Mendoza, DO
 Anna Pierzchala, MD
 Cullen Salada, MD
 Sherry Headley, CNP

LIVINGSTON COUNTY

**Academic Family
 Medicine - Livingston**

7575 Grand River Rd., Suite 210
 Brighton, MI 48114

P: 810-844-7950
F: 810-494-6895

Family Medicine

Kelly Arenz, DO
 Jacquelynn Dunn, DO
 Joseph Friedli, MD, CAQSM
 Benjamin Gilbert, DO
 Kathryn Lankton, DO, IBCLC
 R. Taylor Scott, DO
 Mark Zawisa, MD, FAAFP

East Brighton

5505 S. Old US 23, Suite 100
 Brighton, MI 48116

P: 810-494-6885
F: 810-494-6839

Family Medicine

Dorothea Edmunds, DO
 Aurielle Fanning, MD
 Steven Korycinski, MD
 Devon Newsom, DO
 Raymond Smith, MD
 Donna Vorias, MD
 Cali Snyder, CNP

Internal Medicine

Kelsey Scott, MD

East Howell

3477 E. Grand River Avenue
 Howell, MI 48843

P: 517-234-6540
F: 517-938-6083

Internal Medicine

Carranda Koop, MD
 Erin Obsniuk, CNP

Family Medicine

Ellen Tumbarella, DO

■ *Internal Medicine/Pediatrics*

◆ *Obstetric Care*

* *Pediatrician*

Genoa ●

2305 Genoa Business Park Dr.
 Suite 200
 Brighton, MI 48114

P: 810-494-6840
F: 810-494-6841

Family Medicine

David Bavers, MD
 Robert Camilletti, DO, MPH
 James P. Gallagher, II, DO
 Stacie Griffin, MD
 Rebecca Pawlik, MD, DABOM
 Rebecca Tostige Ruthberg, MD
 Melissa Zimmerman, MD
 Haley McNabb, PA-C

Hamburg

10020 Professional Centre Dr.
 Suite 120
 Hamburg, MI 48139

P: 810-231-0252
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Internal Medicine

Nancy Carbajo, MD
 Brandon Coy, DO
 Rodney Dewyer, MD
 Stephanie Peterson, MD
 Rachel Walk, DO
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Howell

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 Howell, MI 48843

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Family Medicine

Miranda Bassett, DO
 Kristyn Delecki, DO
 Kathleen Duchak, MD
 Nicole Frey, DO
 Michael Paulson, DO
 John B. Rasor, DO
 Tonya Sexton, DO
 Benjamin Taggart, DO
 Lindsay Tarachowski, CNP
 Elle Van Overmeer PA-C

Internal Medicine

Bassel Atasi, MD ■
 Aaron Daniel, MD ■

Pinckney ●

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 Pinckney, MI 48169

P: 734-878-1000
F: 734-878-1001

Family Medicine

Kevin Chu, MD
 Logan Borgelt, MD
 Michael DeBacker, MD
 Kaitlyn Keffler, MD
 Nicole Ehinger, CNP
 Marta Hernadi, PA-C
 Callie Kennedy, PA-C

Internal Medicine

Michelle Carveth, MD ■

JACKSON COUNTY

Brooklyn ●

212 S. Main St., Suite A
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P: 517-592-8033
F: 517-592-3959

Internal Medicine

Bhoomanyu Malik, MD
 Claudia Villarreal Carrillo, MD

Family Medicine

Sreevalli Attili, MD
 Chloe Balanda, MD
 Eric Wandschneider, MD
 Julayne Brigham, PA-C
 Shari Page, DNP

OAKLAND COUNTY

Bloomfield

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 Bloomfield Twp., MI 48302

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Family Medicine

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 Tara Aziz, MD
 Michele Blumberg, DO
 Nora Dagher, DO
 Rhonda Gumma, DO
 Daniel Meram, MD

Clarkston ●

5789 S. Main St., Suite 100
 Clarkston, MI 48346

P: 248-625-0030
F: 248-625-4403

Family Medicine

Michelle Barbat, DO
 David McNaughton, MD
 Lorenzo Russo, MD
 Michael Scarchilli, DO
 Bradford Woelke, MD

Internal Medicine

Tatyanna Coleman, CNP

Commerce

4123 Martin Road, Suite 102
 Commerce Twp., MI 48390

P: 248-366-3700
F: 248-366-1038

Family Medicine

Adil Arabbo, MD
 Gina Nathwani, MD
 Basmal Yaldo, MD
 Bethany Long, PA-C

Farmington Hills

28300 Orchard Lake Rd., Suite 103
 Farmington Hills, MI 48334

P: 248-287-7860
F: 248-287-7861

Family Medicine

Sonia J. Haque-Uddin, MD
 Adriane Marchese, MD
 Lauren Marchese, MD
 Kyle Samyn, DO

**Henderson Academic
 Primary Care**

Woodward Professional Building
 44428 Woodward Ave., Suite 102
 Pontiac, MI 48341

P: 248-858-3126
F: 248-858-6499

Leen Alrashed, MD
 Michael Barnes, MD
 Benjamin Diaczok, MD
 Jacky Duong, DO
 Geetha Krishnamoorthy, MD
 Kathren Shango, MD
 Anupam Sule, MD

Lake Orion ●

1375 S. Lapeer Rd., Suite 210
 Lake Orion, MI 48360

P: 248-693-5700
F: 248-693-5715

Family Medicine

Sabrina Churico, MD
 Kevin Do, DO
 Amanda Williams, MD
 Laura Sychta, DNP

Internal Medicine

Timothy Dickson, MD ■
 Amy McCarthy, MD ■
 Kathryn Rice, MD ■

Rochester Hills ●

1854 W. Auburn Rd., Suite 300A
 Rochester Hills, MI 48309

P: 248-696-3170
F: 248-696-3175

Family Medicine

Ruxandra Ionescu, MD
 Juliana Patera, MD
 Victoria J. Torgler, DO

Internal Medicine

Walter Culver, MD ■

South Lyon

23200 Pontiac Trail
 South Lyon, MI 48178

P: 248-446-2935
F: 248-446-2936

Family Medicine

Natalie Baer, MD
 Lauren Carney, DO
 Elizabeth Morelli, MD
 Katherine Balogh, MD
 Martin Tinkerhess, MD

Waterford ●

4400 Highland Rd., Suite 100
 Waterford, MI 48328

P: 248-618-6000
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Family Medicine

Derek Foster, DO
 Vincent Hannosh, MD
 Hadeel Razook, MD
 Syeda Salari, MD
 Daniel Warden, MD
 Brenda Pope, CNP
 Shibani Tipnis, CNP

Internal Medicine

Leslie Caren, MD ■
 Paunel Grivej, MD
 Elyse Hewitt, DO
 Nashwan Yousif, MD



Learn about academic practices on page 18

WASHTENAW COUNTY

Academic Internal Medicine - Ann Arbor Campus

Reichert Medical Center
5333 McAuley Dr.
Suite 4001
Ypsilanti, MI 48197

P: 734-712-3980
F: 734-222-4081

Internal Medicine

Sudha Ayala, DO
Corey Dean, MD, FAAP, FACP
Irina Burman, MD
Patricia McNally, MD
Anupam Suneja, MD

Ann Arbor Campus

Trinity Health Towsley
Medical Center
5361 McAuley Dr.
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P: 734-712-1300
F: 734-222-3665

Family Medicine

Maya Maliekal, DO
Benjamin Maynard, MD
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Max Julien, PA-C
Danielle Wilseck, PA-C

Internal Medicine

Irina Burman-Solovyeva, MD, FACP
Daniel Cahill, MD
Jie Dong, MD, MPAS
Daniel Jeung, MD
Lisa Kutas, MD
Kevin Taylor, MD, FACP

Arbor Park

4940 W. Clark Rd., Suite 100
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P: 734-971-1188
F: 734-971-3658

Family Medicine

Ariela Alonso, DO
Roger Chen, MD
Vaishali Katial, MD
Matthew Kittle, DO
Shannon Kusiak, MD
Ross Schmaeman, MD
Melissa Sokol-Keith, MD, FAAP
Malorie Sridhar, MD, DipABLM
Camille Sanchez, CNP

Internal Medicine

Therese Benevich, MD ■
Robert Dyksterhouse, MD

Chelsea

14288 E. Old US 12, Suite 200
Chelsea, MI 48118

P: 734-475-8677
F: 734-327-0826

Family Medicine

Ahmed Abuzoor, MD
James Alford, MD
David French, MD
Kathryn Harmes, MD
Rebekah Hudson, DO
Matthew G. Moore, MD

Internal Medicine

Shan N. Ansari, MD
Preeya Mohan, MD
Jyoti Sutter, MD
Steven Yarows, MD, FACP, FASH

Dexter ●

7093 Dexter-Ann Arbor Rd.
Dexter, MI 48130

P: 734-426-9028
F: 734-426-9029

Family Medicine

Michael Komrowski, MD
Annelie Ott, MD

Internal Medicine

Rhonda S. Todd, MD
Bradford Wylie, MD

Domino's Farms ●

4200 Whitehall Dr., Suite 130
Ann Arbor, MI 48105

P: 734-995-0303
F: 734-995-0425

Family Medicine

Amir Alawneh, MD
Dana O'Neill, DO
Bianca Yaldo, MD
Eric Feldman, PA-C
Aurora Parsons, CNP
Morgan Perian, PA-C
Abi Seeber, PA-C

Internal Medicine

Karl Brenner, MD
Yiding (Peter) Cai, MD
Yara Fardous, MD
Dorian Moore, MD
Heather Simpkins, MD
Tendai Thomas, MD, FACP
Adam Vaughn, DO

EMU ●

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F: 734-896-4111

Family Medicine

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Jessica Gable, MD
Thuy Orlando, MD
Lisa Whipple, DO
Laurel Boelens, DNP
Abi Seeber, PA-C

Milan ●●

870 E. Arkona Rd., Suite 100
Milan, MI 48160

P: 734-439-2429
F: 734-439-0200

Family Medicine

Renee Armstead, MD
Kimberly Berke, MD
Stanley A. Forfa, DO
Maria Heck, DO
G. Michael Jasbeck, MD
Jacob Johengen, DO
Britzy Joseph, MD
Eleni Scott, MD
Carla Zahuranec, MD
Jane Imo, CNP
Lynn Lewis, CNP
Ashley Schwartz, CNP
Internal Medicine
Edward Kim, MD
Chad Krueger, MD

Neighborhood Primary Care - Ypsilanti

Haab Health Building
111 N. Huron St., Suite 200
Ypsilanti, MI 48197

P: 734-547-7977
F: 734-572-4855

Internal Medicine

Bassel Atasi, MD ■
Corey Dean, MD, FAAP, FACP ■
Bushra Hussain, MD
Suzette D. LaVigne, MD, MPH, FAAP ■
Tomas Murphy, MD ■
Sara Platte, MD, FAAP ■
Claudia Balfe, PA-C

Saline ●

7115 E. Michigan Ave., Suite 100
Saline, MI 48176

P: 734-977-0013
F: 734-977-0169

Family Medicine

Sarah Kaminsky, DO
Sonja Llanconi, MD
Danielle Purtell, MD
Internal Medicine
Cynthia Larson, MD, PhD

West Arbor ●

4350 Jackson Rd., Suite 200
Ann Arbor, MI 48103

P: 734-761-2581
F: 734-761-9540

Family Medicine

Brian Bluhm, MD
Michael Bruderly, MD
Avalon Elliott, DO
Benjamin Kaplan, DO
Meera Krishnashastry, MD
Yi Emily Li, MD
Katharine Lounsberry, MD
Manushi Patel, MD
Daniel Pettit, DO
Teleah Phillips, DO
Aleah Thompson, MD
Andrea Catto, CNP
Madeline McBride, CNP
Amy Slotten, DNP, IBCLC
Anne Smiarowski, PA-C
C. Nikki Taylor, PA-C
Internal Medicine
Marie Arnaout, DO ■
Kristin McFadden, DO
Gary Peppin, MD
Ronald Sanda, MD
Hongyan (Grace) Yang, MD, PhD ■

Primary Care Lab Services

- Embedded Lab within Practice: Draws for all Patients
- Embedded Lab within Practice: Draws for offices patients only
- Lab within the Building

WAYNE COUNTY

Academic Family Medicine - Northwest Livonia

37595 Seven Mile Rd., Suite 210
Livonia, MI 48152

P: 734-853-5694
F: 734-430-9388

Family Medicine

Katelyn Bonkowski, MD
Charan Cheema, DO
Nicole B. Kohnen, MD
Alexa Norwick, MD
Nicole Robertson, MD
Brittany Salisbury, MD ◆
David Michael Smeenge, MD
Jonathan Stoddard, MD
Michael Wowk, MD ◆

Academic Internal Medicine - Northwest Livonia

37595 Seven Mile Rd., Suite 340
Livonia, MI 48152

P: 734-793-2470
F: 734-793-2471

Internal Medicine

Lisa Harston-LeDoux, MD
Mariola Gjakaj, MD
Mark Lindley, MD
Tracey Sperry, DO

Canton ●●

1600 S. Canton Center Rd., Suite 200
Canton, MI 48188

P: 734-398-7880
F: 734-761-7318

Family Medicine

Raza Ali, MD
Jacob Gates, MD
Yujing Murray, MD
Muhareb Mustafa, MD
Mary Nixon, MD
Diamond Shelby, MD
Bhavani Sundram Whippis, MD
Jamie Galvan, CNP
Madeline Madison, CNP
Ashley Richmond, CNP

Internal Medicine

Kimberly McCord, MD ■
Ellen B. Williams, MD

■ Internal Medicine/Pediatrics
◆ Obstetric Care

CONTINUED ON PAGE 7



Trinity Health IHA Medical Group Lifestyle Medicine Premier Care

This annual membership-based concept offers patients the following primary care and lifestyle medicine services:

Annual in-depth health and lifestyle evaluations

- Tailored health roadmap based on six critical lifestyle pillars
- Personalized plans to prevent, manage and reverse chronic diseases

Enhanced Access

- Same-day or next-day appointments
- The team, including your primary care physician, will be available to ensure all urgent health care needs are addressed. Non-urgent questions and concerns can be directed to your care team during normal business hours.

Shared medical appointment

- Group sessions offering collective guidance and community support.

Dedicated care management

- Specialized nurses offering education and support for chronic conditions.

Expert health coaching

- Custom coaching sessions to help you achieve and maintain your health goals.
- Exclusive educational resources and discounts on programs that extend your learning and support network.

Personalized meal and exercise plans

- Access to top-tier nutritionists and exercise plans that fit your unique needs.



**Robert Breakey,
MD, DipABLM**
Arbor Park



**Alberto Nacif,
MD, DipABLM**
East Brighton



**R.J. Meske,
MPH, CSCS,
DipACLM**
Arbor Park &
East Brighton



**Nan Robinson
RN, BSN, CCM,
DipACLM**
Arbor Park &
East Brighton

Arbor Park

4940 Clark Rd., Suite 100, Ypsilanti, MI 48197

East Brighton

5505 S. Old US 23, Suite 100, Brighton, MI 48116

734-887-7888



Welcoming new patients.

Please visit us at our website for more information or to sign up.

TrinityHealthMichigan.org/LMPC

Primary Care

WAYNE COUNTY (CONT.)

Cherry Hill Village ●

49650 Cherry Hill Rd., Suite 120
Canton, MI 48187

P: 734-398-7800
F: 734-398-7805

Family Medicine

Mohammed Abdrabboh, MD
Emily Cox, DO
Frank Parrinello, DO
Nada Patel, MD
Sachi Patel, DO
Manuj Rattan, MD
Sarah Otten, CNP

Internal Medicine

Peter Meyers, DO
Theresa Poppe, MD, DipABLM
Jeffrey Sweet, MD
Kristen Yee, MD
Jodi Lambert, CNP

Freedom

20206 Farmington Rd.
Livonia, MI 48152

P: 248-476-4724
F: 248-476-7091

Family Medicine

Randall Bickle, DO, JD, CPE
Sudha Chakravarty, MD

Internal Medicine

Samuel Fawaz, MD
Trishya Reddy, MD
Randall Sternberg, MD

Plymouth ●

990 W. Ann Arbor Trail, Suite 208
Plymouth, MI 48170

P: 734-455-1200
F: 734-455-5219

Family Medicine

Jeffrey Chiambretti, DO
Lauren Lumley, DO
Kaitlyn Perkins, DO
Lauren Schrock, MD
Stephanie Gillman, PA-C
Erika Leone, CNP

Internal Medicine

Willard Den Houter, MD
Matthew Kohlenberg, MD ■
Ashley Schmehl, DO
Jeffrey Van Hooser, MD ■
Deborah Weener, MD

Schoolcraft Campus ●

19000 St. Joe's Parkway, Suite 200
Livonia, MI 48152

P: 734-213-3685
F: 734-213-3686

Family Medicine

Sami Ahmed, MD
Barbra Alvir, DO
Jessica Haddad, MD
Michelle Klink, DO
Jenny Shih, DO
Quentin Simmons, MD
Alexia Stavropoulos, DO
Kayla Garrett, CNP
Alaina Snow, CNP

Internal Medicine

Michael Sanson, MD
Sherrie Tefend, MD



Trinity Health IHA Medical Group

Comprehensive Geriatric Primary Care

We specialize in providing primary care to patients aged 65 and older who have a history of complex conditions that require frequent visits.

Physicians and staff provide support to aging adults and caregivers by offering a comprehensive assessment, developing a plan and making connections to local resources. Each patient completes an initial questionnaire, receives an in-depth assessment and recommendations for care or resources to enhance the quality of life.

Services Offered:

- Annual wellness checks
- Chronic care visits
- Immunizations
- Cognitive assessments
- Home visits
- Support in setting and achieving health goals
- Coordination and continuity of health care when moving from one health care setting to another

Ann Arbor Campus

Trinity Health Towsley Medical Center
5361 McAuley Drive
Ypsilanti, MI 48197

P: 734-712-9968
F: 734-222-3106

Lauren Lamb, MD
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Aishah Raffee, DO, AGSF
Khin Myet Thwe, MD
Amy Bakalar, CNP
John Emerick, PA-C
Simran Labana, CNP

Schoolcraft Campus

Trinity Health Medical Center - Schoolcraft Campus
19000 St. Joe's Parkway
Suite 330
Livonia, MI 48152

P: 734-884-5263
F: 734-884-5264

Alvin Vargas, DO
Susan Campitelle, CNP
Kayla Schuelke, CNP
Talar Takessian, CNP

Southeast Livonia ●

29370 Plymouth Rd., Suite 100
Livonia, MI 48150

P: 734-655-8200
F: 734-655-8210

Family Medicine

Candace Cooper, DO
Ali Elsaghir, MD
Trevor Evans, DO

Internal Medicine

Shyran Hines-Fenderson, MD ■
Jessica Love, MD ■
Rachel Marcucci, MD ■
Erin Walton-Doyle, MD ■

■ Internal Medicine/Pediatrics



Trinity Health IHA Medical Group

OBSTETRICS & GYNECOLOGY

At Trinity Health IHA Medical Group, we understand that women's health involves a wide range of needs, from pregnancy and routine wellness checks to complex, specialized care. Our expert team is committed to providing compassionate, high-quality support at every stage of life. We offer advanced treatment for menopause, vulvar disease, urogynecology, reconstructive pelvic surgery, and other complex gynecologic conditions, ensuring your care is as personalized as it is comprehensive.

Learn more,
find a provider
and schedule an
appointment!



Academic Obstetrics & Gynecology - Ann Arbor Campus

Reichert Medical Center
5333 McAuley Dr., Suite 2110
Ypsilanti, MI 48197

P: 734-802-5030
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Pamela Davies, MD
Lisa Jeffries, MD
Deborah Landis Lewis, MD
Daniel Morgan, MD
Erika Mowers, MD
Kelly O'Connor, MD
Bryan Popp, MD
Heather Wahl, MD ♦
Marti Walsh, MD
Grace Mishkin, CNP, CNM

Academic Obstetrics & Gynecology - Pontiac

Woodward Professional Building
44428 Woodward Ave., Suite 104
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Pamela Davies, MD
David Eisenstein, MD, FACOG

Arbor Park

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Kelsey Behan, MD
Elizabeth Cappelletti, MD
Rajiv Deenadayalu, MD
Tamika Martin, MD
Sharon O'Leary, MD ♦
Caitlin Parker, MD
Anna Rujan, MD
Erin Spencer, MD
Karen Walker, MD, MPH ♦
Emily Amoe, CNP
Colleen Bates, CNP

Bloomfield

43097 Woodward Ave., Suite 202
Bloomfield Twp., MI 48302

P: 248-334-4505
F: 248-253-0347

Cristina Alfieri, MD, FACOG
David Eisenstein, MD, FACOG
Abigail Lindberg, DO
Kelin Prokurat, DO

Chelsea

14288 E. Old US 12, Suite 300
Chelsea, MI 48118

P: 734-426-1925
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Laura Downing, MD, FACOG
Catriona Macardle, MD, FACOG
Katharine Micallef, DO, FACOG
Hildur Runarsdottir, DNP

Cherry Hill Village

49650 Cherry Hill Rd., Suite 220
Canton, MI 48187

P: 734-398-7888
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Lynn Baca, MD
Ellery J. Berinstein, MD, MPH
Katie Bernardoni, MD, FACOG
Jade Burch, MD, FACOG
Breanne Camilleri, MD, FACOG
Jody Jones, MD, FACOG
Edward Merkel, MD, FACOG
Christine Pipitone, MD
Katie Kern, CNM
Kathy Kise, CNM

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♦ Gynecology only

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Maternal-Fetal Medicine

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Learn about academic practices on page 18

Urogynecology and Reconstructive Pelvic Surgery

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F: 734-838-5085

Urogynecology and Reconstructive Pelvic Surgery is a subspecialty of obstetrics and gynecology that focuses specifically on treating women with pelvic floor disorders, including pelvic organ prolapse, urinary or fecal incontinence, and overactive bladder. These disorders are treated through a combination of both surgical and non-surgical methods with the goal of enhancing the quality of life for affected women. Obstetrician/gynecologists undergo additional fellowship training in this subspecialty.

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Paul Makela, MD, FACOG

West Arbor

4350 Jackson Rd., Suite 300
Ann Arbor, MI 48103
Adam Ziff, DO



Scan to learn more.

Trinity Health Perinatal Wellness Center & Breastfeeding Medicine

The Trinity Health Perinatal Wellness Center is a comprehensive practice caring for women during and after their pregnancies. Our International Board Certified Lactation Consultants (IBCLC) are board-certified providers or registered nurses who can provide you with expert care before, during and after your baby is born to ensure that you have the support and education you need to feel comfortable and confident in your decision to breastfeed. All lactation consultants provide breastfeeding support consistent with the recommendations of both the American Academy of Pediatrics, the International Board of Lactation Consultant Examiners and the Academy of Lactation Policy and Practice.

Reichert Medical Center

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Kathryn Lankton, DO, IBCLC
Emily Piniatoglou, CNP, IBCLC
Kelly Strickler, CNP, IBCLC
Nancy Dmitruchina, RN, IBCLC
Beth Hoskins, LPN, IBCLC

Lactation consultants are available for one-on-one breastfeeding assistance. They can handle many types of breastfeeding issues including, but not limited to:

- Basic breastfeeding education
- Support and encouragement
- Help continuing with breastfeeding after returning to work or school
- Latch-on problems
- Sore nipples or engorgement
- Slow weight gain of infant
- Insufficient breast milk
- Medical conditions such as prematurity, Down syndrome, cleft lip and/or palate
- Breastfeeding multiples

OB Ultrasound

We have six locations for OB (obstetric) ultrasound. OB ultrasound is located within Maternal-Fetal Medicine Arbor Park, Oakland Campus and West Arbor, as well as Trinity Health Ann Arbor and Trinity Health Livonia. OB Ultrasound has an additional location in Obstetrics & Gynecology - Genoa. A specially trained person known as a registered diagnostic medical sonographer (RDMS) will perform the examination which will be reviewed by a physician trained in fetal imaging.

Trinity Health IHA Medical Group
PEDIATRICS



Learn more, find a pediatrician and schedule an appointment!



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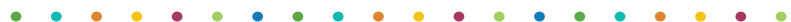


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Wendy Roberts, MD
Jamie Thompson, MD
Matthew Waier, MD
Eric Wheatley, MD
Emma Adams, CNP, IBCLC
Mary Dobbs, CNP
Kelly Strickler, CNP, IBCLC



Beginning Summer 2026 for all IHA patients!

New extended hours to care for you!



Domino's Farms + Schoolcraft Campus

Mon-Fri 8am-9pm | Sat 8am-8pm | Sun Noon-8pm

What is Internal Medicine/Pediatrics?

With a focus on lifelong preventive health care and overall well-being, our internal medicine and pediatric physicians and staff specialize in primary care for infants, children and adults. Internal Medicine/Pediatrics, sometimes called Med-Peds, is the combination of Internal Medicine (primary care for adults) and Pediatrics (primary care for infants, children and adolescents). Physicians receive an additional year of training and are board-certified in both internal medicine and pediatrics.

Arbor Park
Therese Benevich, MD

Canton
Kimberly McCord, MD

Howell
Bassel Atasi, MD
Aaron Daniel, MD

Lake Orion
Timothy Dickson, MD
Amy McCarthy, MD
Kathryn Rice, MD

Neighborhood
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Corey Dean, MD, FAAP, FACP
Suzette D. LaVigne, MD, MPH, FAAP
Tomas Murphy, MD
Sara Platte, MD, FAAP

Pinckney
Michelle Carveth, MD

Plymouth
Matthew Kohlenberg, MD
Jeffrey Van Hooser, MD

Rochester Hills
Walter Culver, MD

Southeast Livonia
Shyran Hines-Fenderson, MD
Rachel Marcucci, MD
Erin Walton-Doyle, MD

Waterford
Leslie Caren, MD

West Arbor
Marie Arnaout, DO
Hongyan (Grace) Yang, MD, PhD

See pages 4, 5 & 6 for details.

Pediatric Specialties in Oakland

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Cardiology

Suite 105

Clinton Cochran, MD
Daniel Turner, MD

Pediatric Cardiology is different from the way cardiologists treat adult patients. The structure of children's hearts is different and smaller than adults' heart structure. Pediatric cardiologists have special training and experience treating conditions that affect the structure or rhythm of children's hearts. Pediatric cardiologists work closely with your child's pediatrician. They don't do surgery.

Gastroenterology

Suite 505

Shuemein Julia Mar, MD

This clinic offers diagnosis and treatment of a variety of gastrointestinal diseases including inflammatory bowel disease, celiac disease, eosinophilic esophagitis, irritable bowel syndrome, gastroesophageal reflux disease (GERD), constipation, functional abdominal pain and functional dyspepsia. We also offer diagnostic upper endoscopies and colonoscopies.

Hematology Oncology

Suite 505

Jennifer Blase, MD, PhD
Kelley Ellis, CNP

This clinic offers comprehensive care for pediatric cancers and blood disorders. Specifically, we offer both outpatient clinic appointments and infusion services for chemotherapy, blood products, and treatments for immune deficiencies.

Ophthalmology

Suite 405

Christopher Gappy, MD
Breanna Tracey, MD

Our clinic offers primary care of common children's eye problems as well as comprehensive evaluations and follow-up for children with simple or complex eye and vision disorders. We provide short-term treatment of immediate problems, as well as long-term rehabilitative care and monitoring of visual development in children and adolescents.

Orthopaedics

Suite 505

Kristina Sinacori Walick, MD
Olivia Mears, PA

Our team provides full-service care to newborns through young adults. Children with a bone, muscle or joint issue deserve comprehensive treatment from experts who specialize in caring exclusively for children and their unique needs. We believe that a team-based approach to musculoskeletal health, where bone and joint specialists with different backgrounds work together, provides the optimal care for each individual patient.

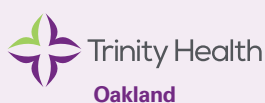
Surgery

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Meghan Arnold, MD
Samir Gadepalli, MD
Erin E. Perrone, MD
Robin Petroze, MD
K. Elizabeth Speck, MD
Arul S. Thirumoorthi, MD

Pediatric surgery is the diagnostic, operative, and postoperative surgical care for children with congenital and acquired anomalies and diseases, be they developmental, inflammatory, neoplastic or traumatic.

A collaboration with our teams:



Trinity Health IHA Medical Group

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Learn about academic practices on page 18

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● *Dermatopathologist*

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Mary Kate Szuma, PA-C ○

Ellie Walker, PA-C

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□ Neurointensivist

♦ Neuro Intervention

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Livingston

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Brighton, MI 48114

Livonia Hospital

Marian Professional Building
14555 Levan Rd., Suite 116
Livonia, MI 48154

P: 734-712-7688

F: 734-712-7056

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Urvashi Bhan, MD

Christine L. Curran, MD

Bruno DiGiovine, MD

Sohaib Gilani, MD

Thomas R. Gravelyn, MD, FCCP, FACP* ♦

Colin Holtze, MD

Narendra Khanchandani, MD ♦ □

Arwa A. Mohamed Hosni, MD *

Parvathy S. Nair, MD *

Stephanie Norris, DO □

Syed Razvi, MD

Mohammad Sakbani, MD *

Robyn Scatena, MD

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Rajeev Swarup, MD

Bing Xue, MD

Matthew J. Clark, PA-C

Kathleen M. Kerr, PA-C

Morgan Murdock, CNP

Rachel Palmer, PA-C

Cory Ryan, PA-C

Ashley Zietlow, PA-C

* Board-certified Sleep
Medicine Specialist

♦ Inpatient only

□ Critical care only

Recovery Medicine

Ann Arbor Campus

5333 McAuley Dr., Suite 5011
Ypsilanti, MI 48197

Livonia Hospital

Marian Professional Building
14555 Levan Rd., Suite 116
Livonia, MI 48154

Oakland Campus

44428 Woodward Ave., Suite 102
Pontiac, MI 48341

P: 734-712-8700

F: 734-622-5017

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Jaclyn Randel, MD, FASAM

Aaron Rivkin, MD

Lorien Shack, MD

Brendan Sullivan, DO

Mark A. Weiner, MD, DFASAM

Michael Francis, PA-C

Rheumatology

Chelsea

Trinity Health Medical
Center – Chelsea
14288 E. Old US 12, Suite 200
Chelsea, MI 48118

Genoa

Genoa Medical Center
2305 Genoa Business Park Dr.
Suite 200
Brighton, MI 48114

Rochester Hills

1886 W. Auburn Rd., Suite 300
Rochester Hills, MI 48309

West Arbor

Trinity Health Medical
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4350 Jackson Rd., Suite 320
Ann Arbor, MI 48103

P: 734-426-1931

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Eric Wise, MD

Amber Nicole Young, MD

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Ann Arbor

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Ypsilanti, MI, 48197

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Linsey Gilbert, DO

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Salas Sabnis, MD

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Megan Patin, CNP

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Infectious Diseases

Ann Arbor Campus

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Ypsilanti, MI 48197

Livingston

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Brighton, MI 48114

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Holly Murphy, MD

Baiju Patel, MD

Nathaniel Soper, MD

Swetha Srialluri, MD

Erin Moser, PA-C

Trinity Health Sleep Disorders Centers

Trinity Health Ann Arbor

5305 Elliott Dr.
Third Floor
Ypsilanti, MI 48197

P: 734-712-2276

F: 734-712-2967

Trinity Health Livingston

620 Byron Rd.
Howell, MI 48843

P: 517-545-6690

F: 517-545-6692

Trinity Health IHA Medical Group

SURGERY



Learn about academic practices on page 18

Academic Surgery - Ann Arbor Campus

Trinity Health Ann Arbor
5315 Elliott Dr., Suite 201
Ypsilanti, MI 48197

P: 734-712-3971
F: 734-887-8941

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Academic Surgery - Oakland Campus

Trinity Health Oakland
44555 Woodward Ave., Suite 501
Pontiac, MI 48341

P: 248-338-7171
F: 248-858-3889

Bariatric & General Surgery

Livonia Hospital

Marian Professional Building
14555 Levan Rd., Suite 311
Livonia, MI 48154

P: 734-655-2692
F: 734-655-4218

Livingston **NEW LOCATION JULY 2026**

7575 Grand River Rd., Suite 112
Brighton, MI 48114

P: 810-844-7611
F: 810-844-7411

Oakland Campus

Oakland Medical Office Building
44555 Woodward Ave., Suite 501
Pontiac, MI 48341

P: 248-858-3505
F: 248-858-6505

West Arbor

4350 Jackson Rd., Suite 350
Ann Arbor, MI 48103

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F: 517-545-5122

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Tallal Zeni, MD, FACS
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Natalie Crook, CNP
Stephanie Borst, PA-C

Brain & Spine Surgery

Ann Arbor Campus

Michigan Orthopedic Center
5315 Elliott Dr., Suite 102
Ypsilanti, MI 48197

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F: 734-712-4475

Livingston

7575 Grand River Rd., Suite 205
Brighton, MI 48114

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F: 734-712-4475

Chelsea Campus

Chelsea Professional Office Building
14650 E. Old US Highway 12,
Suite 306
Chelsea, MI 48118

P: 734-712-4500
F: 734-712-4475

Clarkston

6770 Dixie Highway, Suite 202
Clarkston, MI 48346

P: 248-858-3812
F: 248-858-3815

Oakland Campus

Oakland Medical Office Building
44555 Woodward Ave., Suite 305
Pontiac, MI 48341

P: 248-858-3812
F: 248-858-3815

Rochester Hills

1854 W. Auburn Rd., Suite 100
Rochester Hills, MI 48309

P: 248-858-3812
F: 248-858-3815

Schoolcraft Campus

19000 St. Joe's Parkway, Suite 460
Livonia, MI 48152

P: 248-858-3812
F: 248-858-3815

West Arbor

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Ann Arbor, MI 48103

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F: 734-712-4475

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Todd Y. Nida, MD, FACS
Johnathan Ogar, MS, PA-C
Rachel Opiela, PA-C
Megan Scholl, PA-C

Learn more,
find a provider
and schedule an
appointment!



Breast Surgery

Ann Arbor Campus

Ellen Thompson Women's Center
5320 Elliott Dr., Suite 203
Ypsilanti, MI 48197

P: 734-712-1700
F: 734-887-8938

Chelsea Campus

Chelsea Professional Office Building
14650 E. Old US Highway 12
Suite 303
Chelsea, MI 48118

P: 734-712-1700
F: 734-887-8938

Clarkston

6770 Dixie Highway, Suite 202
Clarkston, MI 48346

P: 248-338-7171
F: 248-858-3889

Genoa

2305 Genoa Business Park Dr.
Suite 210
Brighton, MI 48114

P: 734-712-1700
F: 734-887-8938

Livonia Hospital

Marian Professional Building
14555 Levan Rd., Suite 113
Livonia, MI 48154

P: 734-712-1700
F: 734-887-8938

Oakland Campus

Oakland Medical Office Building
44555 Woodward Ave., Suite 501
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F: 248-858-3889

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Beth C. Kimball, MD, FACS
Amanda R. Kupstas, MD
Marisa O'Neill, DO
Jill Federer, CNP
Emily Maine, PA-C
Kelly Sakalian, CNP
Cally Schwinn, CNP

Cardiothoracic Surgery

Ann Arbor Campus

Michigan Heart & Vascular Institute
5325 Elliott Dr., Suite 102
Ypsilanti, MI 48197

P: 734-712-5500
F: 734-887-8944

Livonia Hospital

Marian Professional Building
14555 Levan Rd., Suite 311
Livonia, MI 48154

P: 248-858-3850
F: 248-858-3833

Oakland Campus

Oakland Medical Office Building
44555 Woodward Ave., Suite 506
Pontiac, MI 48341

P: 248-858-3850
F: 248-858-3833

Cardiac Surgery

Ajay Gupta, MD
Robert Lyons, MD, FACS
Andrew Pruitt, MD, FACS
Erika Koerner, CNP

Thoracic Surgery

Kumari N. Adams, MD, FACS
Melanie A. Edwards, MD, FACS
Hiroko Nakahama, MD

Cardiac & Thoracic Surgery

Karsten Fliegner, MD
Charles F. Schwartz, MD, FACS
Marc Silver, MD

Colon & Rectal Surgery

Ann Arbor Campus

5325 Elliott Dr., Suite 104
Ypsilanti, MI 48197

P: 734-712-8150
F: 734-887-8939

Chelsea Campus

14650 E. Old US Hwy 12, Suite 303
Chelsea, MI 48118

P: 734-712-8150
F: 734-887-8939

Clarkston

6770 Dixie Highway, Suite 202
Clarkston, MI 48346

P: 248-338-7171
F: 248-858-3889

Oakland Campus

44555 Woodward Ave., Suite 501
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F: 248-858-3889

Schoolcraft Campus

19000 St. Joe's Parkway, Suite 320
Livonia, MI 48152

P: 734-712-8150
F: 734-887-8939

West Arbor

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Ann Arbor, MI 48103

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F: 734-887-8939

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Steven Lu, DO
Amanda M. McClure, MD, FASCRS, FACS
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Stevie-Jay Stapler, MD
Ashley D. Churchman (Plemens), CNP
Kelsey McDonald, CNP
Jennifer Richmond, PA-C

General Surgery

Ann Arbor Campus

Trinity Health Ann Arbor Hospital
5315 Elliott Dr., Suite 201
Ypsilanti, MI 48197

P: 734-712-8150
F: 734-887-8939

Chelsea Campus

14650 E. Old US Highway 12
Suite 303
Chelsea, MI 48118

P: 734-475-4177
F: 734-475-3520

Clarkston

6770 Dixie Highway, Suite 202
Clarkston, MI 48346

P: 248-338-7171
F: 248-858-3889

Genoa **MOVING IN JULY 2026**

2305 Genoa Business Park Dr.
Suite 120
Brighton, MI 48114

P: 810-494-6881
F: 810-494-6882

Livonia Hospital

Marian Professional Building
14555 Levan Rd., Suite 311
Livonia, MI 48154

P: 734-655-2692
F: 734-655-4218

Oakland Campus

Oakland Medical Office Building
44555 Woodward Ave., Suite 501
Pontiac, MI 48341

P: 248-338-7171
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Tallal Zeni, MD, FACS
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Hand Surgery

Ann Arbor Campus

Michigan Orthopedic Center
5315 Elliott Dr., Suite 202
Ypsilanti, MI 48197

Chelsea Campus

14650 E. Old US Highway 12
Suite 104
Chelsea, MI 48118

Genoa

Genoa Medical Center
2305 Genoa Business Park Dr., Suite 120
Brighton, MI 48114

Schoolcraft Campus

19000 St. Joe's Parkway, Suite 400
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F: 734-712-0522

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John V. Hogikyan, MD
Shepard Peir Johnson, MD
Dennis S. Lee, MD
John Lien, MD
Erik O. White, MD
Colleen Graves, PA-C

Hepatobiliary & Pancreatic Surgery

Ann Arbor Campus

5315 Elliott Dr., Ste 201
Ypsilanti, MI 48917

Clarkston

6770 Dixie Highway, Ste., 202
Clarkston, MI 48346

Livonia Hospital

14555 Levan Rd., Ste 113 & 311
Livonia, MI 48154

Oakland Campus

Alice Gustafson Center
44405 Woodward Ave., Ste. 202
Pontiac, MI 48341

Oakland Campus

Oakland Medical Office Building
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Pontiac, MI 48341

Rochester Hills

1854 W. Auburn Rd., Ste. 100B
Rochester Hills, MI 48309

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Chelsea Campus

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Chelsea, MI 48118

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F: 734-544-6956

Matthew Slezziak, DO

Alissa Zoltowski PA-C

Orthopaedics

Ann Arbor Campus

5315 Elliott Dr., Suites 301 & 304
Ypsilanti, MI 48197

P: 866-ORTHO-IHA (866-678-4644)

F: 734-887-0652

Canton

1600 S. Canton Center Rd., Suite 2200
Canton, MI 48188

P: 866-ORTHO-IHA (866-678-4644)

F: 734-887-0652

Chelsea Campus

14650 E. Old US Highway 12, Ste. 104
Chelsea, MI 48118

P: 734-593-5700

F: 734-426-9024

Genoa

2305 Genoa Business Park Dr., Ste. 120
Brighton, MI 48114

P: 866-ORTHO-IHA (866-678-4644)

F: 810-844-7567

Schoolcraft Campus

19000 St. Joe's Parkway, Suite 400
Livonia, MI 48152

P: 866-ORTHO-IHA (866-678-4644)

F: 734-884-5220

West Arbor

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Ann Arbor, MI 48103

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Jamie Szkodzinski, PA-C
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Rebecca Turner, PA-C
Jana Zeigler, PA-C

Plastic & Reconstructive Surgery

Arbor Park

Trinity Health Medical
Center - Arbor Park
4990 W. Clark Rd., Suite 100
Ypsilanti, MI 48197

Genoa

Genoa Medical Center
2305 Genoa Business Park Dr.
Suite 210
Brighton, MI 48114

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Trinity Health Medical
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Sheila Putnam, PA-C

Podiatry

Ann Arbor Campus

Reichert Medical Center
5333 McAuley Dr., Suite 4012
Ypsilanti, MI 48197

Brighton **NEW LOCATION**

205 W. Grand River Ave.
Suite 200
Brighton, MI 48116

Plymouth

990 W. Ann Arbor Trail, Suite 102
Plymouth, MI 48170

Schoolcraft Campus

19000 St. Joe's Parkway, Suite 410
Livonia, MI 48152

P: 734-572-1141

F: 734-572-1142

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Marc Bonanni, DPM
Stephanie J. Donovan, DPM
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Angela M. Ostroski, DPM
Oliver M. Ryan, DPM
Douglas Stoinski, DPM
Trevor McGowan, CNP



What is Care Management?

At Trinity Health IHA Medical Group, Care Management works with patients who have moderate to complex illnesses. Located in your primary care practice, the care manager works in collaboration with your primary care physician and medical team to improve your overall health. The care manager works with you to assess and proactively manage your health, helping you to identify areas that you would like to improve or better manage.

Nutrition Services

Our nutrition specialists offer nutrition counseling services at many locations. Their expertise can provide you with the necessary knowledge to achieve all of your individual and family dietary needs.

- One-on-one nutrition counseling
- Easy to follow, customized eating plans to achieve/maintain a healthy weight
- Prevention/management of chronic disease through dietary and lifestyle changes
- Weight management programs
- Guidance in managing nutrition science to form healthy habits that will help you look and feel better
- A healing approach to treating diagnosed medical conditions and their associated symptoms

Trinity Health Academic Practices

Our team of faculty and resident physicians provide the most up-to-date, evidence-based medical care in a caring, compassionate environment. Working closely with each of our patients, we develop personalized care plans with a special emphasis on preventive care so that, in addition to helping you with health concerns, we can work with you to avoid ones that may come up in the future.



In the Hospital

Hospital Medicine

P: 877-336-6307
F: 734-887-8978

Neonatology

P: 877-336-6307
F: 734-887-8979

Pediatric Hospital Medicine

P: 877-336-6307
F: 734-887-8979

Surgery (CONT.)

Trauma Surgery

Ann Arbor Campus
Trinity Health Ann Arbor Hospital
5315 Elliott Dr., Suite 201
Ypsilanti, MI 48197

P: 734-712-3971
F: 734-887-8941

Livonia Hospital
Marian Professional Building
14555 Levan Rd., Suite 311
Livonia, MI 48154

P: 734-884-5024
F: 734-884-5025

Oakland Campus
Oakland Medical Office Building
44555 Woodward Ave., Suite 501
Pontiac, MI 48341

P: 248-338-7171
F: 248-858-3889

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Roy J. Golden, MD, FACS
L. Marco Hoesel, MD, FACS
Alicia Kieninger, MD
Joshua Payne, MD
Roger Ramcharan, MD
Robert Robinson, MD
Asha J. Shah, MD, FACS
Victoria L. Sharp, DO, FACOS
Anna Shu, DO
David Tetrake, MD
Felicia Allen, CNP
Terry Allen, CNP
Jaclyn Anderson, PA-C
Erica Blum, CNP
Adriana Bourne, PA-C
Kendall Braate, PA-C
Casey Bradley, CNP
Kristen Diez, CNP
Laurel Gotha, PA-C
Morgan Hodges, PA-C
Jessica Keller, PA-C
David Miller, PA-C
Rebecca Rehberg, CNP
Zachary Schulz, PA-C
Rachel Walther, PA-C
Michele Winn, CNP
Jillian Zafarana, PA-C

Urology

Ann Arbor Campus
Reichert Medical Center
5333 McAuley Dr., Suite 3001
Ypsilanti, MI 48197

Genoa
Genoa Medical Center
2305 Genoa Business Park Dr.
Suite 210
Brighton, MI 48114

Schoolcraft Campus
Trinity Health Medical Center -
Schoolcraft Campus
19000 St. Joe's Parkway, Suite 320
Livonia, MI 48152

West Arbor
Trinity Health Medical
Center - West Arbor
4350 Jackson Rd., Suite 350
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Elena Gimenez, MD
Marybeth (Hall) Lohoff, MD
Eduardo Kleer, MD
Jeremy Konheim, MD
Jennifer Kuo, MD
Andrew Schwinn, DO
Kashif Siddiqi, MD
Deirdre Sherwood, PA-C
Constance Sanocki, CNP
Sarah Tehranisa, CNP

Vascular & Endovascular Surgery

Ann Arbor Campus
Michigan Heart &
Vascular Institute
5325 Elliott Dr., Suite 101
Ypsilanti, MI 48197

Livingston
7575 Grand River Rd., Suite 205
Brighton, MI 48114

Chelsea Campus
Chelsea Professional Office Building
14650 E. Old US Highway 12
Suite 303
Chelsea, MI 48118

Schoolcraft Campus
Trinity Health Medical Center -
Schoolcraft Campus
19000 St. Joe's Parkway, Suite 300
Livonia, MI 48152

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F: 734-887-8945

Melissa Day, MD
Michael J. Heidenreich, MD, FACS
John Kanitra, MD
Chinmaya S. Shelgikar, MD
Hue C. Thai, MD, FACS
Andrea Hudak, PA-C

Before you rush to the ER, Call your Primary Care Office or 844-IHA-DOCS first!

You can call us 24 hours a day, 7 days a week!



PRIMARY CARE

For care and treatment of routine or immediate needs that are not life-threatening

For all medical concerns contact your primary care provider first. Your primary care provider is the most familiar with your medical history and provides routine or immediate care when it is not an emergency

- | | | |
|---------------------|------------------------------------|---------------------|
| Allergies | Animal or Insect Bite | Asthma |
| Back Pain | Cold & Flu Symptoms | Diabetes |
| Ear Pain | Gastrointestinal or Stomach issues | Headaches |
| High Blood Pressure | Immunizations or Shots | Pink Eye |
| Preventive Care | Rashes | Routine Well Visits |
| Sore Throat/Cough | Urinary Tract Infection | Women's Health |



URGENT CARE

For immediate but not life-threatening needs, when your Primary Care provider is unavailable

Call your Primary Care Office first if you believe you should go to an Urgent Care. Urgent care has evening and weekend hours when your primary care provider may not be available.

- | | | |
|-------------------------|-----------------------|-----------------------|
| Allergic Reaction | Animal or Insect Bite | Asthma Attack |
| Back Pain | Broken Bones | Cold and Flu Symptoms |
| Ear Pain | Minor Head Injuries | Pink Eye |
| Rashes | Sore Throat/Cough | Sprains and Strains |
| Stitches | Moderate Stomach Pain | Tooth Pain |
| Urinary Tract Infection | | |



EMERGENCY ROOM

For any life or death emergency or urgent after-hours needs OPEN 24/7

Call your Primary Care Office first if you believe you should go to the Emergency Room. You should follow up with your primary care provider after a visit to an emergency room.

- | | | |
|----------------------------------|---|---|
| Severe Asthma Attack | Severe Broken Bones | Severe Burns |
| Severe Chest Pain | Convulsions or Seizures | Drug Overdose or Poisoning |
| Bad Falls (Seniors) | High Fever | Fever in Newborn (under 2 months of age) |
| Severe Head, Neck or Back Injury | Loss of Consciousness | Rapid Bleeding |
| Severe Stomach Pain | Heart Attack Symptoms (Chest Pain, Cold Sweat, Heartburn, Dizziness, Shortness of Breath) | Stroke Symptoms (Sudden Weakness, Dizziness or Speech Problems) |

When experiencing a life-threatening emergency, call 911.

Mental Health, Behavioral Health and Substance Use Services

Contact Us in Crisis

If you or someone you know is facing a mental health crisis, please call **988** or text “home” to **741741** to access the Michigan Suicide and Crisis Lifeline.



Your Path to Healing

Are mental or behavioral health challenges holding you back? Are substance use issues interfering with your life? You are not alone, and the path to recovery starts at **Trinity Health IHA Medical Group**. Our dedicated team offers both **outpatient and inpatient care** in a supportive, nonjudgmental environment tailored to your needs.

Services Offered

Anxiety & Depression Help Via Our Collaborative Care Model

Collaborative Care is a type of Behavioral Health care that is embedded within your physician’s office. Services include:

- A treatment team that includes you, your physician, a Behavioral Health Specialist and a consulting psychiatrist.
- A short-term, targeted treatment plan to help with managing symptoms related to anxiety or depression.
- Regular contact with your assigned Behavioral Health Specialist to talk about how you’re doing, provide tools and help you achieve your goals.

Outpatient Mental Health Services

Our outpatient programs offer support for children, adults, and families dealing with various mental health challenges, including but not limited to:

- Anxiety
- Schizophrenia
- Depression
- Bipolar Disorder
- Mood disorders

We provide:

- Psychiatry
- Individual and group therapy
- Counseling
- Psychological testing

Partial Hospitalization Programs (PHP)

Designed for those needing intensive therapy without full hospitalization, PHP supports:

- Adolescents (12+) and Adults (18+)
- Patients with severe mental health concerns who need daily structured care
- The program is 6 hours a day, 5 days a week, with individual, group and family therapy, as well as psychiatry services and medication management

Intensive Outpatient Programs (IOP)

Targeted for Adolescents (12+) and Adults (18+) who manage daily responsibilities but need additional support, the IOP includes:

- Group, individual, and family therapy
- Flexible sessions for developing coping strategies
- Psychiatry services and medication management
- The program is 3 hours a day, 3 days a week

Addiction Recovery Services

We offer comprehensive recovery services for individuals facing challenges related to:

- Alcohol
- Opioids
- Prescription drugs
- Other substances
- The program offers intensive outpatient group and individual therapy
- Medication management related to addiction counter measures

How to Get Started with Behavioral Health Services

- **Talk to Your Primary Care Provider:** Begin your journey by discussing your needs with your PCP, who can help direct you to appropriate services.
- **Explore Our Locations:** Trinity Health IHA Medical Group has facilities across Southeast Michigan, ready to assist you.

Expect Personalized Care

At Trinity Health IHA Medical Group, we pride ourselves on providing:

- Evidence-based treatments
- A compassionate, experienced team
- Coordinated care and support for ongoing recovery

Whether you need immediate assistance or are looking for long-term care, our doors are open, and we’re here to guide you every step of the way. Reach out today to begin your journey toward mental wellness.



Child and Adolescent Therapy and Counseling:

- Trinity Health Academic Psychiatry & Counseling - Schoolcraft Campus
- Trinity Health IHA Medical Group, Psychiatry & Counseling - Ann Arbor Campus
- Chelsea Hospital Behavioral Health - Clocktower Commons

Psychiatry Physician and APP:

- Trinity Health IHA Medical Group, Psychiatry & Counseling - Ann Arbor Campus
- Chelsea Hospital Behavioral Health - Clocktower Commons

Partial Hospitalization:

- Trinity Health Adolescent Partial Hospitalization Program - Ann Arbor Campus

Intensive Outpatient Program:

- Trinity Health Adolescent Partial Intensive Outpatient Program - Livingston Campus



Geriatric Therapy, Counseling:

- Trinity Health Academic Psychiatry & Counseling - Schoolcraft Campus
- Trinity Health IHA Medical Group, Psychiatry & Counseling - Ann Arbor Campus
- Chelsea Hospital Behavioral Health - Clocktower Commons

Psychiatry:

- Chelsea Hospital Behavioral Health - Clocktower Commons



Adult Therapy, Counseling and Psychiatry:

- Trinity Health Academic Psychiatry & Counseling - Schoolcraft Campus
- Trinity Health IHA Medical Group Psychiatry & Counseling - Ann Arbor Campus
- Trinity Health IHA Medical Group Psychiatry & Counseling - Bloomfield
- Chelsea Hospital Behavioral Health - Clocktower Commons
- Trinity Health IHA Medical Group Psychiatry & Counseling - Genoa Campus
- Trinity Health IHA Medical Group Psychiatry & Counseling - Canton

Partial Hospitalization:

- Trinity Health Adult Partial Hospitalization Program - Ann Arbor Campus

Intensive Outpatient Program:

- Trinity Health Adult Intensive Outpatient Program - Ann Arbor Campus
- Trinity Health Adult Intensive Outpatient Program - Chelsea Campus

Substance Use Disorder:

- Trinity Health Addiction Recovery - Ann Arbor Campus

Inpatient Hospitalization:

- Trinity Health Inpatient Behavioral Health - Ann Arbor Hospital
- Trinity Health Inpatient Behavioral Health - Livonia Hospital
- Trinity Health Inpatient Behavioral Health - Oakland Hospital

Electroconvulsive Therapy (ECT):

- Trinity Health Inpatient Behavioral Health - Ann Arbor Hospital
- Trinity Health Inpatient Behavioral Health - Livonia Hospital

Trinity Health IHA Medical Group

Psychiatry & Counseling

Academic Psychiatry & Counseling
Trinity Health Medical Center - Schoolcraft Campus
19000 St. Joe's Parkway
Suite 310
Livonia, MI 48152

Ann Arbor Campus
Huron Oaks
5401 McAuley Drive
Ypsilanti, MI 48197

Canton
1600 S. Canton Center Rd.
Suite 210
Canton, MI 48188

Bloomfield
43097 Woodward Ave., Suite 101
Bloomfield Hills, MI 48302

Chelsea Hospital Behavioral Health - Clocktower Commons
Clocktower Commons
350 North Main Street, Suite 150
Chelsea, MI 48118

Genoa
Cross Pointe Center
2300 Genoa Business Park Dr.
Suite 180
Brighton, MI 48114

Northville
775 North Center Street
Northville, MI 48167

West Arbor
4350 Jackson Rd., Suite 300
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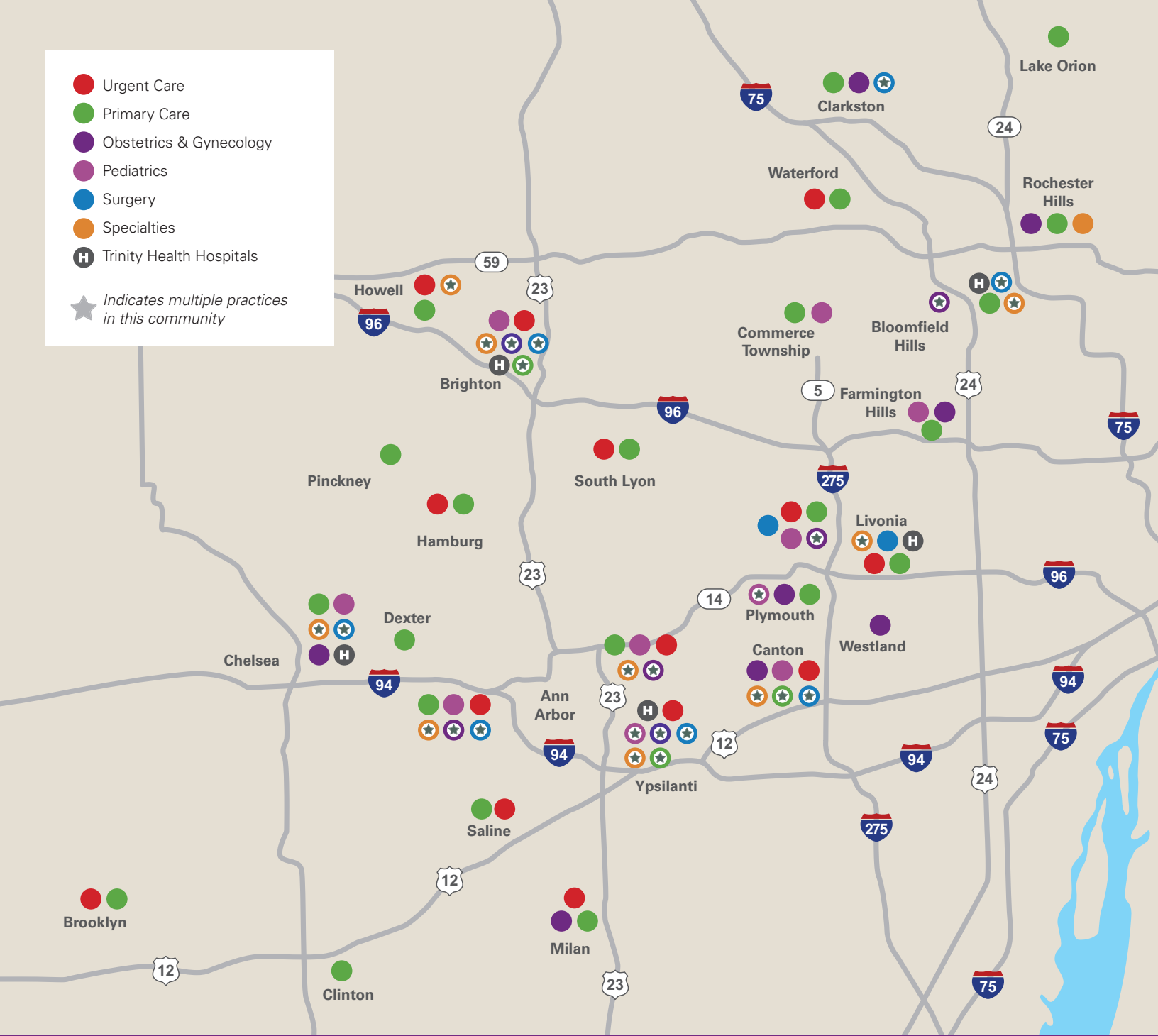
Trinity Health Addiction Recovery

Ann Arbor Campus

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- Urgent Care
- Primary Care
- Obstetrics & Gynecology
- Pediatrics
- Surgery
- Specialties
- H Trinity Health Hospitals
- ★ Indicates multiple practices in this community



We keep growing!

Visit TrinityHealthMichigan.org/Careers for job postings.

Please visit us online at TrinityHealthMichigan.org/Medical-Group for provider and practice location updates.



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