



# Guide to Care

SouthEast Michigan

Our family *caring* for yours.



Welcome to Trinity Health IHA Medical Group. We are here for you, with nearly 1,000 health care providers in over 125 locations close to your home or work. Please use this guide or go online at [TrinityHealthMichigan.org](http://TrinityHealthMichigan.org) to learn more about our team and how we may care for you and your family.

## Free Patient Events

### meet the pediatric providers

Our pediatric practices hold monthly group meetings for expectant parents and parents of potential new patients. Ask questions, learn about our practice philosophy, office hours and more!

**Scan the QR code to register!**



### Life with Baby Post-Partum Class

Mom, Baby + Partner (2-4 weeks old)

**First Tuesday  
of the Month  
6:00 PM**

**Scan the  
QR code to  
register!**



### Wednesday Wellness Education Series

Twice each month, one of our leading providers, physicians or surgeons will present on a variety of topics.

**Scan the QR code to register!**



### Third Trimester Class

FOR NEW  
MOMS  
+ LABOR  
COACHES

**Third Wednesday  
of the Month  
7:00 PM**

**Scan the  
QR code to  
register!**



## Important Numbers

IHA Medical Group  
Call Center  
844-IHA-DOCS

Trinity Health Patient  
Business Services (Billing)  
800-494-5797

Trinity Health MyChart  
Patient Portal Support Line  
844-982-4278

IHA Medical  
Group Imaging  
734-434-0539

[TrinityHealthMichigan.org/Medical-Group](http://TrinityHealthMichigan.org/Medical-Group)



# URGENT CARE

We are here to care for you seven days a week, both in-person and virtually.

## Brooklyn

212 S. Main St., Suite B  
Brooklyn, MI 49230

P: 517-938-6085  
F: 517-938-6086



## Canton

1600 S. Canton Center Rd.  
Canton, MI 48188

P: 734-844-8743  
F: 734-844-8744



## Chelsea

14288 E. Old US Highway 12  
Suite 400  
Chelsea, MI 48118

P: 734-327-6115  
F: 734-327-1164



## Clarkston

5789 S. Main St., Suite 200  
Clarkston, MI 48346

P: 248-287-7850  
F: 248-287-7851



## Domino's Farms

4200 Whitehall Dr.  
Suite 150  
Ann Arbor, MI 48105

P: 734-995-0308  
F: 734-995-0425



## East Brighton

5505 S. Old US 23, Suite 200  
Brighton, MI 48116

P: 810-494-6810  
F: 810-494-6805



## EMU

1065 North Huron River Dr.  
Suite 200  
Ypsilanti, MI 48197

P: 734-896-4112  
F: 734-896-4113



## Hamburg

10020 Professional Centre Dr.  
Suite 120  
Hamburg, MI 48139

P: 810-231-6080  
F: 810-231-0256



## Howell

202 W. Highland Rd.  
Howell, MI 48843

P: 517-338-9084  
F: 517-338-9091



## Milan

870 E. Arkona Rd., Suite 105  
Milan, MI 48160

P: 734-222-4150  
F: 734-222-4151



## Saline

7115 E. Michigan Ave., Suite 200  
Saline, MI 48176

P: 734-977-0197  
F: 734-977-0218



## Schoolcraft Campus

19000 St. Joe's Parkway  
Suite 140  
Livonia, MI 48152

P: 734-213-3688  
F: 734-213-3687



## Southeast Livonia

29370 Plymouth Rd.  
Suite 200  
Livonia, MI 48150

P: 734-884-5212  
F: 734-884-5213



## South Lyon

23200 Pontiac Trail  
South Lyon, MI 48178

P: 248-486-3310  
F: 248-486-3309



## Waterford

4400 Highland Rd.  
Suite 101  
Waterford, MI 48328

P: 248-599-6190  
F: 248-618-0355



## West Arbor

4350 Jackson Rd.  
Suite 230  
Ann Arbor, MI 48103

P: 734-887-4396  
F: 734-887-4614



## What is Urgent Care?

Offering extended hours seven days a week including holidays, IHA Urgent Care is just what the patient ordered. No more waiting for hours in an Emergency Room, now you have a quicker, more cost-effective alternative that fits your schedule... and your budget.

### We treat non-life-threatening medical conditions, such as:

- Abdominal pain (non-severe)
- Bumps, cuts, sprains and strains
- Headaches
- Most fracture care, including splinting and bracing
- Acute back pain and neck pain
- Imaging
- Colds, coughs and flu symptoms
- Minor eye problems
- Cuts requiring stitches
- Minor procedures, including laceration repair
- Conjunctivitis (pink eye)
- Minor head injuries
- Sports physicals
- Mild to moderate allergic reactions
- Flu shots
- Mild to moderate asthma
- Sore throats, ear infections and sinus infections
- Urinary tract infections (UTIs)
- Seasonal allergies
- Skin rashes



Save Your Spot  
[bit.ly/IHAurgentcare](https://bit.ly/IHAurgentcare)

Skip the wait and save your spot at our urgent care locations. Your saved spot is not a guaranteed appointment, but an option that allows you – or a sick family member – to seek care at a time that is convenient.



Please visit us online for the most up-to-date hours at:  
[trinityhealthmichigan.org/services/urgent-care](https://trinityhealthmichigan.org/services/urgent-care)



Imaging hours may vary. Please call ahead.



General Ultrasound Available



X-Ray Available



## Get Care from Home.

A **virtual urgent care** visit can get you the help you need today without leaving your couch.

Scan the QR code to schedule a virtual urgent care appointment.

# Trinity Health IHA Medical Group

## PRIMARY CARE

Learn more, find a provider  
and schedule an appointment!



### LENAWEE COUNTY

#### Clinton ●

11775 Tecumseh-Clinton Hwy.  
Clinton, MI 49236

P: 517-456-7449  
F: 517-456-6059

#### Family Medicine

Ahmad Bilal, MD  
Adam Kosteva, MD  
Jeffrey Mendoza, DO  
Anna Pierzchala, MD  
Cullen Salada, MD  
Sherry Headley, CNP

### LIVINGSTON COUNTY

#### Academic Family Medicine - Livingston

7575 Grand River Rd., Suite 210  
Brighton, MI 48114

P: 810-844-7950  
F: 810-494-6895

#### Family Medicine

Kelly Arenz, DO  
Jacquelynn Dunn, DO  
Joseph Friedli, MD, CAQSM  
Benjamin Gilbert, DO  
Kathryn Lankton, DO, IBCLC  
R. Taylor Scott, DO  
Mark Zawisa, MD, FAFAP

#### East Brighton

5505 S. Old US 23, Suite 100  
Brighton, MI 48116

P: 810-494-6885  
F: 810-494-6839

#### Family Medicine

Dorothea Edmunds, DO  
Aurielle Fanning, MD  
Steven Korycinski, MD  
Devon Newsom, DO  
Raymond Smith, MD  
Donna Vorias, MD  
Cali Snyder, CNP

#### Internal Medicine

Kelsey Scott, MD

#### East Howell

3477 E. Grand River Avenue  
Howell, MI 48843

P: 517-234-6540  
F: 517-938-6083

#### Internal Medicine

Carranda Koop, MD  
Erin Obsniuk, CNP

#### Family Medicine

Ellen Tumbarella, DO

■ Internal Medicine/Pediatrics

◆ Obstetric Care

\* Pediatrician

### Genoa ●

2305 Genoa Business Park Dr.  
Suite 200  
Brighton, MI 48114

P: 810-494-6840  
F: 810-494-6841

#### Family Medicine

David Bavers, MD  
Robert Camilletti, DO, MPH  
James P. Gallagher, II, DO  
Stacie Griffin, MD  
Rebecca Pawlik, MD, DABOM  
Rebecca Tostige Ruthberg, MD  
Melissa Zimmerman, MD  
Haley McNabb, PA-C

### Hamburg

10020 Professional Centre Dr.  
Suite 120  
Hamburg, MI 48139

P: 810-231-0252  
F: 810-231-0256

#### Internal Medicine

Nancy Carbajo, MD  
Brandon Coy, DO  
Rodney Dewyer, MD  
Stephanie Peterson, MD  
Rachel Walk, DO  
Olivia Kramer, CNP

### Howell

202 W. Highland Rd.  
Howell, MI 48843

P: 517-234-6540  
F: 517-338-9083

#### Family Medicine

Miranda Bassett, DO  
Kristyn Delecki, DO  
Kathleen Duchak, MD  
Nicole Frey, DO  
Michael Paulson, DO  
John B. Rasor, DO  
Tonya Sexton, DO  
Benjamin Taggart, DO  
Lindsay Tarachowski, CNP  
Elle Van Overmeer PA-C

#### Internal Medicine

Bassel Atasi, MD ■  
Aaron Daniel, MD ■

### Pinckney ●

10200 Dexter-Pinckney Rd., Suite 100  
Pinckney, MI 48169

P: 734-878-1000  
F: 734-878-1001

#### Family Medicine

Kevin Chu, MD  
Logan Borgelt, MD  
Michael DeBacker, MD  
Kaitlyn Keffler, MD  
Nicole Ehinger, CNP  
Marta Hernadi, PA-C  
Callie Kennedy, PA-C

#### Internal Medicine

Michelle Carveth, MD ■

### JACKSON COUNTY

#### Brooklyn ●

212 S. Main St., Suite A  
Brooklyn, MI 49230

P: 517-592-8033  
F: 517-592-3959

#### Internal Medicine

Bhoomanyu Malik, MD  
Claudia Villarreal Carrillo, MD

#### Family Medicine

Sreevalli Attili, MD  
Chloe Balanda, MD  
Eric Wandschneider, MD  
Julayne Brigham, PA-C  
Shari Page, DNP

### OAKLAND COUNTY

#### Bloomfield

43097 Woodward Ave., Suite 100  
Bloomfield Twp., MI 48302

P: 248-836-0040  
F: 248-836-0042

#### Family Medicine

Dalia Alhusein, DO  
Tara Aziz, MD  
Michele Blumberg, DO  
Nora Dagher, DO  
Rhonda Gumma, DO  
Daniel Meram, MD

#### Clarkston ●

5789 S. Main St., Suite 100  
Clarkston, MI 48346

P: 248-625-0030  
F: 248-625-4403

#### Family Medicine

Michelle Barbat, DO  
David McNaughton, MD  
Lorenzo Russo, MD  
Michael Scarchilli, DO  
Bradford Woelke, MD

#### Internal Medicine

Tatyanna Coleman, CNP

### Commerce

4123 Martin Road, Suite 102  
Commerce Twp., MI 48390

P: 248-366-3700  
F: 248-366-1038

#### Family Medicine

Adil Arabbo, MD  
Gina Nathwani, MD  
Basmal Yaldo, MD  
Bethany Long, PA-C

### Farmington Hills

28300 Orchard Lake Rd., Suite 103  
Farmington Hills, MI 48334

P: 248-287-7860  
F: 248-287-7861

#### Family Medicine

Sonia J. Haque-Uddin, MD  
Adriane Marchese, MD  
Lauren Marchese, MD  
Kyle Samyn, DO

### Henderson Academic Primary Care

Woodward Professional Building  
44428 Woodward Ave., Suite 102  
Pontiac, MI 48341

P: 248-858-3126  
F: 248-858-6499

Leen Alrashed, MD  
Michael Barnes, MD  
Benjamin Diaczok, MD  
Jacky Duong, DO  
Geetha Krishnamoorthy, MD  
Kathren Shango, MD  
Anupam Sule, MD

#### Lake Orion ●

1375 S. Lapeer Rd., Suite 210  
Lake Orion, MI 48360

P: 248-693-5700  
F: 248-693-5715

#### Family Medicine

Sabrina Churico, MD  
Kevin Do, DO  
Amanda Williams, MD  
Laura Sychta, DNP

#### Internal Medicine

Timothy Dickson, MD ■  
Amy McCarthy, MD ■  
Kathryn Rice, MD ■

#### Rochester Hills ●

1854 W. Auburn Rd., Suite 300A  
Rochester Hills, MI 48309

P: 248-696-3170  
F: 248-696-3175

#### Family Medicine

Ruxandra Ionescu, MD  
Juliana Patera, MD  
Victoria J. Torgler, DO

#### Internal Medicine

Walter Culver, MD ■

### South Lyon

23200 Pontiac Trail  
South Lyon, MI 48178

P: 248-446-2935  
F: 248-446-2936

#### Family Medicine

Natalie Baer, MD  
Lauren Carney, DO  
Elizabeth Morelli, MD  
Katherine Balogh, MD  
Martin Tinkerhess, MD

#### Waterford ●

4400 Highland Rd., Suite 100  
Waterford, MI 48328

P: 248-618-6000  
F: 248-618-6951

#### Family Medicine

Derek Foster, DO  
Vincent Hannosh, MD  
Hadeel Razook, MD  
Syeda Salari, MD  
Daniel Warden, MD  
Brenda Pope, CNP  
Shibani Tipnis, CNP

#### Internal Medicine

Leslie Caren, MD ■  
Paunel Grivej, MD  
Elyse Hewitt, DO  
Nashwan Yousif, MD



Learn about academic practices on page 18

## WASHTENAW COUNTY

### Academic Internal Medicine - Ann Arbor Campus

Reichert Medical Center  
5333 McAuley Dr.  
Suite 4001  
Ypsilanti, MI 48197

P: 734-712-3980  
F: 734-222-4081

#### Internal Medicine

Sudha Ayala, DO  
Corey Dean, MD, FAAP, FACP  
Irina Burman, MD  
Patricia McNally, MD  
Anupam Suneja, MD

### Ann Arbor Campus

Trinity Health Towsley Medical Center  
5361 McAuley Dr.  
Ypsilanti, MI 48197

P: 734-712-1300  
F: 734-222-3665

#### Family Medicine

Maya Maliekal, DO  
Benjamin Maynard, MD  
Kaitlin Zeytuncu, MD  
Max Julien, PA-C  
Danielle Wilseck, PA-C

#### Internal Medicine

Irina Burman-Solovyeva, MD, FACP  
Daniel Cahill, MD  
Jie Dong, MD, MPAS  
Daniel Jeung, MD  
Lisa Kutas, MD  
Kevin Taylor, MD, FACP

### Arbor Park

4940 W. Clark Rd., Suite 100  
Ypsilanti, MI 48197

P: 734-971-1188  
F: 734-971-3658

#### Family Medicine

Ariela Alonso, DO  
Roger Chen, MD  
Vaishali Katial, MD  
Matthew Kittle, DO  
Shannon Kusiak, MD  
Ross Schmaeman, MD  
Melissa Sokol-Keith, MD, FAAFP  
Malorie Sridhar, MD, DipABLM  
Camille Sanchez, CNP

#### Internal Medicine

Therese Benevich, MD ■  
Robert Dyksterhouse, MD

### Chelsea

14288 E. Old US 12, Suite 200  
Chelsea, MI 48118

P: 734-475-8677  
F: 734-327-0826

#### Family Medicine

Ahmed Abuzoor, MD  
James Alford, MD  
David French, MD  
Kathryn Harmes, MD  
Rebekah Hudson, DO  
Matthew G. Moore, MD

#### Internal Medicine

Shan N. Ansari, MD  
Preeya Mohan, MD  
Jyoti Sutter, MD  
Steven Yarows, MD, FACP, FASH

### Dexter ●

7093 Dexter-Ann Arbor Rd.  
Dexter, MI 48130

P: 734-426-9028  
F: 734-426-9029

#### Family Medicine

Michael Komrowski, MD  
Annelie Ott, MD

#### Internal Medicine

Rhonda S. Todd, MD  
Bradford Wylie, MD

### Domino's Farms ●

4200 Whitehall Dr., Suite 130  
Ann Arbor, MI 48105

P: 734-995-0303  
F: 734-995-0425

#### Family Medicine

Amir Alawneh, MD  
Dana O'Neill, DO  
Bianca Yaldo, MD  
Eric Feldman, PA-C  
Aurora Parsons, CNP  
Morgan Perian, PA-C  
Abi Seeber, PA-C

#### Internal Medicine

Karl Brenner, MD  
Yiding (Peter) Cai, MD  
Yara Fardous, MD  
Dorian Moore, MD  
Heather Simpkins, MD  
Tendai Thomas, MD, FACP  
Adam Vaughn, DO

### EMU ●

1065 North Huron River Drive  
Suite 100  
Ypsilanti, MI 48197

P: 734-896-4110  
F: 734-896-4111

#### Family Medicine

Sudha Ayala, DO  
Jessica Gable, MD  
Thuy Orlando, MD  
Lisa Whipple, DO  
Laurel Boelens, DNP  
Abi Seeber, PA-C

### Milan ●●

870 E. Arkona Rd., Suite 100  
Milan, MI 48160

P: 734-439-2429  
F: 734-439-0200

#### Family Medicine

Renee Armstead, MD  
Kimberly Berke, MD  
Stanley A. Forfa, DO  
Maria Heck, DO  
G. Michael Jasbeck, MD  
Jacob Johengen, DO  
Britzy Joseph, MD  
Eleni Scott, MD  
Carla Zahuranec, MD  
Jane Imo, CNP  
Lynn Lewis, CNP  
Ashley Schwartz, CNP  
Internal Medicine  
Edward Kim, MD  
Chad Krueger, MD

### Neighborhood Primary Care - Ypsilanti

Haab Health Building  
111 N. Huron St., Suite 200  
Ypsilanti, MI 48197

P: 734-547-7977  
F: 734-572-4855

#### Internal Medicine

Bassel Atasi, MD ■  
Corey Dean, MD, FAAP, FACP ■  
Bushra Hussain, MD  
Suzette D. LaVigne, MD, MPH, FAAP ■  
Tomas Murphy, MD ■  
Sara Platte, MD, FAAP ■  
Claudia Balfe, PA-C

### Saline ●

7115 E. Michigan Ave., Suite 100  
Saline, MI 48176

P: 734-977-0013  
F: 734-977-0169

#### Family Medicine

Sarah Kaminsky, DO  
Sonja Llancri, MD  
Danielle Purtell, MD  
Internal Medicine  
Cynthia Larson, MD, PhD

### West Arbor ●

4350 Jackson Rd., Suite 200  
Ann Arbor, MI 48103

P: 734-761-2581  
F: 734-761-9540

#### Family Medicine

Brian Bluhm, MD  
Michael Bruderly, MD  
Avalon Elliott, DO  
Benjamin Kaplan, DO  
Meera Krishnashastry, MD  
Yi Emily Li, MD  
Katharine Lounsberry, MD  
Manushi Patel, MD  
Daniel Pettit, DO  
Teleah Phillips, DO  
Aleah Thompson, MD  
Andrea Catto, CNP  
Madeline McBride, CNP  
Amy Slotten, DNP, IBCLC  
Anne Smiarowski, PA-C  
C. Nikki Taylor, PA-C  
Internal Medicine  
Marie Arnaout, DO ■  
Kristin McFadden, DO  
Gary Peppin, MD  
Ronald Sanda, MD  
Hongyan (Grace) Yang, MD, PhD ■

## Primary Care Lab Services

● Embedded Lab within Practice: Draws for all Patients

● Embedded Lab within Practice: Draws for offices patients only

● Lab within the Building

## WAYNE COUNTY

### Academic Family Medicine - Northwest Livonia

37595 Seven Mile Rd., Suite 210  
Livonia, MI 48152

P: 734-853-5694  
F: 734-430-9388

#### Family Medicine

Katelyn Bonkowski, MD  
Charan Cheema, DO  
Nicole B. Kohnen, MD  
Alexa Norwick, MD  
Nicole Robertson, MD  
Brittany Salisbury, MD ◆  
David Michael Smeenge, MD  
Jonathan Stoddard, MD  
Michael Wowk, MD ◆

### Academic Internal Medicine - Northwest Livonia

37595 Seven Mile Rd., Suite 340  
Livonia, MI 48152

P: 734-793-2470  
F: 734-793-2471

#### Internal Medicine

Lisa Harston-LeDoux, MD  
Mariola Gjakaj, MD  
Mark Lindley, MD  
Tracey Sperry, DO

### Canton ●●

1600 S. Canton Center Rd., Suite 200  
Canton, MI 48188

P: 734-398-7880  
F: 734-761-7318

#### Family Medicine

Raza Ali, MD  
Jacob Gates, MD  
Yujing Murray, MD  
Muhareb Mustafa, MD  
Mary Nixon, MD  
Diamond Shelby, MD  
Bhavani Sundram Whipps, MD  
Jamie Galvan, CNP  
Madeline Madison, CNP  
Ashley Richmond, CNP

#### Internal Medicine

Kimberly McCord, MD ■  
Ellen B. Williams, MD

■ Internal Medicine/Pediatrics  
◆ Obstetric Care

CONTINUED ON PAGE 7



# Trinity Health IHA Medical Group Lifestyle Medicine Premier Care

This annual membership-based concept offers patients the following primary care and lifestyle medicine services:

## Annual in-depth health and lifestyle evaluations

- Tailored health roadmap based on six critical lifestyle pillars
- Personalized plans to prevent, manage and reverse chronic diseases

## Enhanced Access

- Same-day or next-day appointments
- The team, including your primary care physician, will be available to ensure all urgent health care needs are addressed. Non-urgent questions and concerns can be directed to your care team during normal business hours.

## Shared medical appointment

- Group sessions offering collective guidance and community support.

## Dedicated care management

- Specialized nurses offering education and support for chronic conditions.

## Expert health coaching

- Custom coaching sessions to help you achieve and maintain your health goals.
- Exclusive educational resources and discounts on programs that extend your learning and support network.

## Personalized meal and exercise plans

- Access to top-tier nutritionists and exercise plans that fit your unique needs.



**Robert Breakey,  
MD, DipABLM**  
Arbor Park



**Alberto Nacif,  
MD, DipABLM**  
East Brighton



**R.J. Meske,  
MPH, CSCS,  
DipACLM**  
Arbor Park &  
East Brighton



**Nan Robinson  
RN, BSN, CCM,  
DipACLM**  
Arbor Park &  
East Brighton

### Arbor Park

4940 Clark Rd., Suite 100, Ypsilanti, MI 48197

### East Brighton

5505 S. Old US 23, Suite 100, Brighton, MI 48116

**734-887-7888**



### Welcoming new patients.

Please visit us at our website for more information or to sign up.

**TrinityHealthMichigan.org/LMPC**

# Primary Care

## WAYNE COUNTY (CONT.)

### Cherry Hill Village ●

49650 Cherry Hill Rd., Suite 120  
Canton, MI 48187

**P:** 734-398-7800  
**F:** 734-398-7805

#### Family Medicine

Mohammed Abdrabboh, MD  
Emily Cox, DO  
Frank Parrinello, DO  
Nada Patel, MD  
Sachi Patel, DO  
Manuj Rattan, MD  
Sarah Otten, CNP

#### Internal Medicine

Peter Meyers, DO  
Theresa Poppe, MD, DipABLM  
Jeffrey Sweet, MD  
Kristen Yee, MD  
Jodi Lambert, CNP

### Freedom

20206 Farmington Rd.  
Livonia, MI 48152

**P:** 248-476-4724  
**F:** 248-476-7091

#### Family Medicine

Randall Bickle, DO, JD, CPE  
Sudha Chakravarty, MD

#### Internal Medicine

Samuel Fawaz, MD  
Trishya Reddy, MD  
Randall Sternberg, MD

### Plymouth ●

990 W. Ann Arbor Trail, Suite 208  
Plymouth, MI 48170

**P:** 734-455-1200  
**F:** 734-455-5219

#### Family Medicine

Jeffrey Chiambretti, DO  
Lauren Lumley, DO  
Kaitlyn Perkins, DO  
Lauren Schrock, MD  
Stephanie Gillman, PA-C  
Erika Leone, CNP

#### Internal Medicine

Willard Den Houter, MD  
Matthew Kohlenberg, MD ■  
Ashley Schmehl, DO  
Jeffrey Van Hooser, MD ■  
Deborah Weener, MD

### Schoolcraft Campus ●

19000 St. Joe's Parkway, Suite 200  
Livonia, MI 48152

**P:** 734-213-3685  
**F:** 734-213-3686

#### Family Medicine

Sami Ahmed, MD  
Barbra Alvir, DO  
Jessica Haddad, MD  
Michelle Klink, DO  
Jenny Shih, DO  
Quentin Simmons, MD  
Alexia Stavropoulos, DO  
Kayla Garrett, CNP  
Alaina Snow, CNP

#### Internal Medicine

Michael Sanson, MD  
Sherrie Tefend, MD



## Trinity Health IHA Medical Group

# Comprehensive Geriatric Primary Care

We specialize in providing primary care to patients aged 65 and older who have a history of complex conditions that require frequent visits.

Physicians and staff provide support to aging adults and caregivers by offering a comprehensive assessment, developing a plan and making connections to local resources. Each patient completes an initial questionnaire, receives an in-depth assessment and recommendations for care or resources to enhance the quality of life.

#### Services Offered:

- Annual wellness checks
- Chronic care visits
- Immunizations
- Cognitive assessments
- Home visits
- Support in setting and achieving health goals
- Coordination and continuity of health care when moving from one health care setting to another

### Ann Arbor Campus

Trinity Health Towsley Medical Center  
5361 McAuley Drive  
Ypsilanti, MI 48197

**P:** 734-712-9968  
**F:** 734-222-3106

Lauren Lamb, MD  
Emily Maris, MD  
Aishah Raffee, DO, AGSF  
Khin Myet Thwe, MD  
Amy Bakalar, CNP  
John Emerick, PA-C  
Simran Labana, CNP

### Schoolcraft Campus

Trinity Health Medical Center - Schoolcraft Campus  
19000 St. Joe's Parkway  
Suite 330  
Livonia, MI 48152

**P:** 734-884-5263  
**F:** 734-884-5264

Alvin Vargas, DO  
Susan Campitelle, CNP  
Kayla Schuelke, CNP  
Talar Takessian, CNP

### Southeast Livonia ●

29370 Plymouth Rd., Suite 100  
Livonia, MI 48150

**P:** 734-655-8200  
**F:** 734-655-8210

#### Family Medicine

Candace Cooper, DO  
Ali Elsaghir, MD  
Trevor Evans, DO

#### Internal Medicine

Shyran Hines-Fenderson, MD ■  
Jessica Love, MD ■  
Rachel Marcucci, MD ■  
Erin Walton-Doyle, MD ■

■ Internal Medicine/Pediatrics



# Trinity Health IHA Medical Group

# OBSTETRICS & GYNECOLOGY

At Trinity Health IHA Medical Group, we understand that women's health involves a wide range of needs, from pregnancy and routine wellness checks to complex, specialized care. Our expert team is committed to providing compassionate, high-quality support at every stage of life. We offer advanced treatment for menopause, vulvar disease, urogynecology, reconstructive pelvic surgery, and other complex gynecologic conditions, ensuring your care is as personalized as it is comprehensive.

Learn more,  
find a provider  
and schedule an  
appointment!



## Academic Obstetrics & Gynecology - Ann Arbor Campus

Reichert Medical Center  
5333 McAuley Dr., Suite 2110  
Ypsilanti, MI 48197

P: 734-802-5030  
F: 734-887-8946

Pamela Davies, MD  
Lisa Jeffries, MD  
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Ericha Wilk, CNP

♦ Gynecology only

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Danielle Douglas, CNM  
Nora Drummond, CNM  
Jessica Hoskins, CNM  
Jennifer Kelley, CNM  
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## Maternal-Fetal Medicine

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### West Arbor

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Learn about academic  
practices on page 18

## Urogynecology and Reconstructive Pelvic Surgery

P: 734-838-5084  
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Urogynecology and Reconstructive Pelvic Surgery is a subspecialty of obstetrics and gynecology that focuses specifically on treating women with pelvic floor disorders, including pelvic organ prolapse, urinary or fecal incontinence, and overactive bladder. These disorders are treated through a combination of both surgical and non-surgical methods with the goal of enhancing the quality of life for affected women. Obstetrician/gynecologists undergo additional fellowship training in this subspecialty.

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### West Arbor

4350 Jackson Rd., Suite 300  
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Adam Ziff, DO



Scan to learn more.

## Trinity Health Perinatal Wellness Center & Breastfeeding Medicine

The Trinity Health Perinatal Wellness Center is a comprehensive practice caring for women during and after their pregnancies. Our International Board Certified Lactation Consultants (IBCLC) are board-certified providers or registered nurses who can provide you with expert care before, during and after your baby is born to ensure that you have the support and education you need to feel comfortable and confident in your decision to breastfeed. All lactation consultants provide breastfeeding support consistent with the recommendations of both the American Academy of Pediatrics, the International Board of Lactation Consultant Examiners and the Academy of Lactation Policy and Practice.

### Reichert Medical Center

5333 McAuley Dr., Ste. 2106, Ypsilanti, MI 48197

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Lisa A. Hammer, MD, IBCLC  
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Emily Piniatoglou, CNP, IBCLC  
Kelly Strickler, CNP, IBCLC  
Nancy Dmitruchina, RN, IBCLC  
Beth Hoskins, LPN, IBCLC

Lactation consultants are available for one-on-one breastfeeding assistance. They can handle many types of breastfeeding issues including, but not limited to:

- Basic breastfeeding education
- Support and encouragement
- Help continuing with breastfeeding after returning to work or school
- Latch-on problems
- Sore nipples or engorgement
- Slow weight gain of infant
- Insufficient breast milk
- Medical conditions such as prematurity, Down syndrome, cleft lip and/or palate
- Breastfeeding multiples

## OB Ultrasound

We have six locations for OB (obstetric) ultrasound. OB ultrasound is located within Maternal-Fetal Medicine Arbor Park, Oakland Campus and West Arbor, as well as Trinity Health Ann Arbor and Trinity Health Livonia. OB Ultrasound has an additional location in Obstetrics & Gynecology - Genoa. A specially trained person known as a registered diagnostic medical sonographer (RDMS) will perform the examination which will be reviewed by a physician trained in fetal imaging.

Trinity Health IHA Medical Group  
**PEDIATRICS**



Learn more, find a pediatrician and schedule an appointment!



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**Lisa Sprague, MD**  
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**Judy Tosto, MD**  
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**Becca Wise, DO**  
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**Melissa Zarow, DO, ABOIM**  
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**Morgan Parkinson, CNP**  
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**Brittany Raburn, MD**  
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**Jamie Thompson, MD**  
**Matthew Waier, MD**  
**Eric Wheatley, MD**  
**Emma Adams, CNP, IBCLC**  
**Mary Dobbs, CNP**  
**Kelly Strickler, CNP, IBCLC**

**Beginning Summer 2026 for all IHA patients!**

New extended hours to care for you!



**Domino's Farms + Schoolcraft Campus**

Mon-Fri 8am-9pm | Sat 8am-8pm | Sun Noon-8pm

# What is Internal Medicine/Pediatrics?

With a focus on lifelong preventive health care and overall well-being, our internal medicine and pediatric physicians and staff specialize in primary care for infants, children and adults. Internal Medicine/Pediatrics, sometimes called Med-Peds, is the combination of Internal Medicine (primary care for adults) and Pediatrics (primary care for infants, children and adolescents). Physicians receive an additional year of training and are board-certified in both internal medicine and pediatrics.

**Arbor Park**  
Therese Benevich, MD

**Canton**  
Kimberly McCord, MD

**Howell**  
Bassel Atasi, MD  
Aaron Daniel, MD

**Lake Orion**  
Timothy Dickson, MD  
Amy McCarthy, MD  
Kathryn Rice, MD

**Neighborhood**  
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Corey Dean, MD, FAAP, FACP  
Suzette D. LaVigne, MD, MPH, FAAP  
Tomas Murphy, MD  
Sara Platte, MD, FAAP

**Pinckney**  
Michelle Carveth, MD

**Plymouth**  
Matthew Kohlenberg, MD  
Jeffrey Van Hooser, MD

**Rochester Hills**  
Walter Culver, MD

**Southeast Livonia**  
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Rachel Marcucci, MD  
Erin Walton-Doyle, MD

**Waterford**  
Leslie Caren, MD

**West Arbor**  
Marie Arnaout, DO  
Hongyan (Grace) Yang, MD, PhD

See pages 4, 5 & 6 for details.

## Pediatric Specialties in Oakland

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P: 248-287-7500 F: 248-287-7501

### Cardiology

Suite 105

Clinton Cochran, MD  
Daniel Turner, MD

Pediatric Cardiology is different from the way cardiologists treat adult patients. The structure of children's hearts is different and smaller than adults' heart structure. Pediatric cardiologists have special training and experience treating conditions that affect the structure or rhythm of children's hearts. Pediatric cardiologists work closely with your child's pediatrician. They don't do surgery.

### Gastroenterology

Suite 505

Shuemein Julia Mar, MD

This clinic offers diagnosis and treatment of a variety of gastrointestinal diseases including inflammatory bowel disease, celiac disease, eosinophilic esophagitis, irritable bowel syndrome, gastroesophageal reflux disease (GERD), constipation, functional abdominal pain and functional dyspepsia. We also offer diagnostic upper endoscopies and colonoscopies.

### Hematology Oncology

Suite 505

Jennifer Blase, MD, PhD  
Kelley Ellis, CNP

This clinic offers comprehensive care for pediatric cancers and blood disorders. Specifically, we offer both outpatient clinic appointments and infusion services for chemotherapy, blood products, and treatments for immune deficiencies.

### Ophthalmology

Suite 405

Christopher Gappy, MD  
Breanna Tracey, MD

Our clinic offers primary care of common children's eye problems as well as comprehensive evaluations and follow-up for children with simple or complex eye and vision disorders. We provide short-term treatment of immediate problems, as well as long-term rehabilitative care and monitoring of visual development in children and adolescents.

### Orthopaedics

Suite 505

Kristina Sinacori Walick, MD  
Olivia Mears, PA

Our team provides full-service care to newborns through young adults. Children with a bone, muscle or joint issue deserve comprehensive treatment from experts who specialize in caring exclusively for children and their unique needs. We believe that a team-based approach to musculoskeletal health, where bone and joint specialists with different backgrounds work together, provides the optimal care for each individual patient.

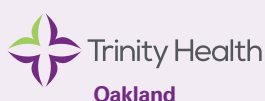
### Surgery

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Meghan Arnold, MD  
Samir Gadepalli, MD  
Erin E. Perrone, MD  
Robin Petroze, MD  
K. Elizabeth Speck, MD  
Arul S. Thirumoorthi, MD

Pediatric surgery is the diagnostic, operative, and postoperative surgical care for children with congenital and acquired anomalies and diseases, be they developmental, inflammatory, neoplastic or traumatic.

A collaboration with our teams:



# Trinity Health IHA Medical Group

## SPECIALTIES

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**Michael Fine, MD**



Learn about academic practices on page 18

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● *Dermatopathologist*

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### Gynecologic Oncology

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**Livingston**

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Brighton, MI 48114

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**Livingston**

7575 Grand River Rd.  
Brighton, MI 48114

**Canton**

1600 S. Canton Center Rd.  
Canton, MI 48188

**Chelsea Hospital**

775 S. Main St.  
Chelsea, MI 48118

**Livonia Hospital**

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**Devon Murphy, PA-C**

**Sydney Street, PA-C**

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**Owen Wood, PA-C**

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**F:** 810-844-7751

**Canton**

Trinity Health Medical Center - Canton  
1600 S. Canton Center Rd., Suite 345  
Canton, MI 48188

**P:** 734-398-7515

**F:** 734-844-8742

**Chelsea Campus**

Chelsea Professional Office Building  
14650 E. Old US Highway 12  
Suite 204

Chelsea, MI 48118

**P:** 734-712-8000

**F:** 734-433-4516

**Livonia Hospital**

Marian Professional Building  
14555 Levan Rd., Suite 203  
Livonia, MI 48154

**P:** 734-462-3233

**F:** 734-853-1507

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## Neurology

### Ann Arbor Campus

5333 McAuley Dr., Suite 6109  
Ypsilanti, MI 48197

### Livingston

7575 Grand River Rd., Suite 205  
Brighton, MI 48114

### Livonia Hospital

Marian Professional Building  
14555 Levan Rd., Suite 116  
Livonia, MI 48154

P: 734-712-1400

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### Rochester Hills

1886 W. Auburn Rd., Suite 300  
Rochester Hills, MI 48309

### Oakland Campus

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Pontiac, MI 48341

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Rachel Struck, PA-C ○

Mary Kate Szuma, PA-C ○

Ellie Walker, PA-C

Chase Wight, PA-C

○ Inpatient only neurohospitalist

□ Neurointensivist

♦ Neuro Intervention

Learn more,  
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## Pulmonary, Critical Care & Sleep Medicine

### Ann Arbor Campus

Reichert Medical Center  
5333 McAuley Dr., Suite 3111  
Ypsilanti, MI 48197

### Chelsea Campus

Chelsea Professional  
Office Building  
14650 E. Old US Highway 12  
Suite 302  
Chelsea, MI 48118

### Livingston

7575 Grand River Rd., Suite 205  
Brighton, MI 48114

### Livonia Hospital

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Livonia, MI 48154

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Cory Ryan, PA-C

Ashley Zietlow, PA-C

\* Board-certified Sleep  
Medicine Specialist

♦ Inpatient only

□ Critical care only

## Recovery Medicine

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5333 McAuley Dr., Suite 5011  
Ypsilanti, MI 48197

### Livonia Hospital

Marian Professional Building  
14555 Levan Rd., Suite 116  
Livonia, MI 48154

### Oakland Campus

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## Rheumatology

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### Genoa

Genoa Medical Center  
2305 Genoa Business Park Dr.  
Suite 200  
Brighton, MI 48114

### Rochester Hills

1886 W. Auburn Rd., Suite 300  
Rochester Hills, MI 48309

### West Arbor

Trinity Health Medical  
Center - West Arbor  
4350 Jackson Rd., Suite 320  
Ann Arbor, MI 48103

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# Palliative Care

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5303 Elliott Dr., Suite 220  
Ypsilanti, MI, 48197

### Livingston

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## Infectious Diseases

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### Livingston

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## Trinity Health Sleep Disorders Centers

### Trinity Health Ann Arbor

5305 Elliott Dr.  
Third Floor  
Ypsilanti, MI 48197

P: 734-712-2276

F: 734-712-2967

### Trinity Health Livingston

620 Byron Rd.  
Howell, MI 48843

P: 517-545-6690

F: 517-545-6692

# Trinity Health IHA Medical Group

# SURGERY



Learn about academic practices on page 18

## Academic Surgery - Ann Arbor Campus

Trinity Health Ann Arbor  
5315 Elliott Dr., Suite 201  
Ypsilanti, MI 48197

P: 734-712-3971  
F: 734-887-8941

David G. Heidt, MD, FACS  
Jaclyn Anderson, PA-C

## Academic Surgery - Oakland Campus

Trinity Health Oakland  
44555 Woodward Ave., Suite 501  
Pontiac, MI 48341

P: 248-338-7171  
F: 248-858-3889

## Bariatric & General Surgery

### Livonia Hospital

Marian Professional Building  
14555 Levan Rd., Suite 311  
Livonia, MI 48154

P: 734-655-2692  
F: 734-655-4218

### Livingston **NEW LOCATION JULY 2026**

7575 Grand River Rd., Suite 112  
Brighton, MI 48114

P: 810-844-7611  
F: 810-844-7411

### Oakland Campus

Oakland Medical Office Building  
44555 Woodward Ave., Suite 501  
Pontiac, MI 48341

P: 248-858-3505  
F: 248-858-6505

### West Arbor

4350 Jackson Rd., Suite 350  
Ann Arbor, MI 48103

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## Brain & Spine Surgery

### Ann Arbor Campus

Michigan Orthopedic Center  
5315 Elliott Dr., Suite 102  
Ypsilanti, MI 48197

P: 734-712-4500  
F: 734-712-4475

### Livingston

7575 Grand River Rd., Suite 205  
Brighton, MI 48114

P: 734-712-4500  
F: 734-712-4475

### Chelsea Campus

Chelsea Professional Office Building  
14650 E. Old US Highway 12,  
Suite 306  
Chelsea, MI 48118

P: 734-712-4500  
F: 734-712-4475

### Clarkston

6770 Dixie Highway, Suite 202  
Clarkston, MI 48346

P: 248-858-3812  
F: 248-858-3815

### Oakland Campus

Oakland Medical Office Building  
44555 Woodward Ave., Suite 305  
Pontiac, MI 48341

P: 248-858-3812  
F: 248-858-3815

### Rochester Hills

1854 W. Auburn Rd., Suite 100  
Rochester Hills, MI 48309

P: 248-858-3812  
F: 248-858-3815

### Schoolcraft Campus

19000 St. Joe's Parkway, Suite 460  
Livonia, MI 48152

P: 248-858-3812  
F: 248-858-3815

### West Arbor

4350 Jackson Road, Suite 350  
Ann Arbor, MI 48103

P: 734-712-4500  
F: 734-712-4475

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Todd Y. Nida, MD, FACS  
Johnathan Ogar, MS, PA-C  
Rachel Opiela, PA-C  
Megan Scholl, PA-C

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## Breast Surgery

### Ann Arbor Campus

Ellen Thompson Women's Center  
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Ypsilanti, MI 48197

P: 734-712-1700  
F: 734-887-8938

### Chelsea Campus

Chelsea Professional Office Building  
14650 E. Old US Highway 12  
Suite 303  
Chelsea, MI 48118

P: 734-712-1700  
F: 734-887-8938

### Clarkston

6770 Dixie Highway, Suite 202  
Clarkston, MI 48346

P: 248-338-7171  
F: 248-858-3889

### Genoa

2305 Genoa Business Park Dr.  
Suite 210  
Brighton, MI 48114

P: 734-712-1700  
F: 734-887-8938

### Livonia Hospital

Marian Professional Building  
14555 Levan Rd., Suite 113  
Livonia, MI 48154

P: 734-712-1700  
F: 734-887-8938

### Oakland Campus

Oakland Medical Office Building  
44555 Woodward Ave., Suite 501  
Pontiac, MI 48341

P: 248-338-7171  
F: 248-858-3889

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Beth C. Kimball, MD, FACS

Amanda R. Kupstas, MD

Marisa O'Neill, DO

Jill Federer, CNP

Emily Maine, PA-C

Kelly Sakalian, CNP

Cally Schwinn, CNP

## Cardiothoracic Surgery

### Ann Arbor Campus

Michigan Heart & Vascular Institute  
5325 Elliott Dr., Suite 102  
Ypsilanti, MI 48197

P: 734-712-5500  
F: 734-887-8944

### Livonia Hospital

Marian Professional Building  
14555 Levan Rd., Suite 311  
Livonia, MI 48154

P: 248-858-3850  
F: 248-858-3833

### Oakland Campus

Oakland Medical Office Building  
44555 Woodward Ave., Suite 506  
Pontiac, MI 48341

P: 248-858-3850  
F: 248-858-3833

### Cardiac Surgery

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Robert Lyons, MD, FACS

Andrew Pruitt, MD, FACS

Erika Koerner, CNP

### Thoracic Surgery

Kumari N. Adams, MD, FACS

Melanie A. Edwards, MD, FACS

Hiroko Nakahama, MD

### Cardiac & Thoracic Surgery

Karsten Fliegner, MD

Charles F. Schwartz, MD, FACS

Marc Silver, MD

## Colon & Rectal Surgery

### Ann Arbor Campus

5325 Elliott Dr., Suite 104  
Ypsilanti, MI 48197

P: 734-712-8150  
F: 734-887-8939

### Chelsea Campus

14650 E. Old US Hwy 12, Suite 303  
Chelsea, MI 48118

P: 734-712-8150  
F: 734-887-8939

### Clarkston

6770 Dixie Highway, Suite 202  
Clarkston, MI 48346

P: 248-338-7171  
F: 248-858-3889

### Oakland Campus

44555 Woodward Ave., Suite 501  
Pontiac, MI 48341

P: 248-338-7171  
F: 248-858-3889

### Schoolcraft Campus

19000 St. Joe's Parkway, Suite 320  
Livonia, MI 48152

P: 734-712-8150  
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### West Arbor

4350 Jackson Rd., Suite 350  
Ann Arbor, MI 48103

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## General Surgery

### Ann Arbor Campus

Trinity Health Ann Arbor Hospital  
5315 Elliott Dr., Suite 201  
Ypsilanti, MI 48197

P: 734-712-8150  
F: 734-887-8939

### Chelsea Campus

14650 E. Old US Highway 12  
Suite 303  
Chelsea, MI 48118

P: 734-475-4177  
F: 734-475-3520

### Clarkston

6770 Dixie Highway, Suite 202  
Clarkston, MI 48346

P: 248-338-7171  
F: 248-858-3889

### Genoa **MOVING IN JULY 2026**

2305 Genoa Business Park Dr.  
Suite 120  
Brighton, MI 48114

P: 810-494-6881  
F: 810-494-6882

### Livonia Hospital

Marian Professional Building  
14555 Levan Rd., Suite 311  
Livonia, MI 48154

P: 734-655-2692  
F: 734-655-4218

### Oakland Campus

Oakland Medical Office Building  
44555 Woodward Ave., Suite 501  
Pontiac, MI 48341

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Christina L. Harsant, MD, FACS  
David G. Heidt, MD, FACS  
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Molly Whalen, MD  
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Danielle Berthold, RNFA, CNP  
Meredith Chapel, CNP  
Abby Lawinger, PA-C

## Hand Surgery

### Ann Arbor Campus

Michigan Orthopedic Center  
5315 Elliott Dr., Suite 202  
Ypsilanti, MI 48197

### Chelsea Campus

14650 E. Old US Highway 12  
Suite 104  
Chelsea, MI 48118

### Genoa

Genoa Medical Center  
2305 Genoa Business Park Dr., Suite 120  
Brighton, MI 48114

### Schoolcraft Campus

19000 St. Joe's Parkway, Suite 400  
Livonia, MI 48152

### West Arbor

4350 Jackson Road, Suite 350  
Ann Arbor, MI 48103

P: 734-712-0600

F: 734-712-0522

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Shepard Peir Johnson, MD  
Dennis S. Lee, MD  
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## Hepatobiliary & Pancreatic Surgery

### Ann Arbor Campus

5315 Elliott Dr., Ste 201  
Ypsilanti, MI 48917

### Clarkston

6770 Dixie Highway, Ste., 202  
Clarkston, MI 48346

### Livonia Hospital

14555 Levan Rd., Ste 113 & 311  
Livonia, MI 48154

### Oakland Campus

Alice Gustafson Center  
44405 Woodward Ave., Ste. 202  
Pontiac, MI 48341

### Oakland Campus

Oakland Medical Office Building  
44555 Woodward Ave., Suite 507  
Pontiac, MI 48341

### Rochester Hills

1854 W. Auburn Rd., Ste. 100B  
Rochester Hills, MI 48309

P: 248-287-7820

F: 248-287-7821

### Vandad Raofi, MD

Lavanya Yohanathan, MD

## Interventional Pain

### Chelsea Campus

14650 E. Old US Hwy 12, Suite 306  
Chelsea, MI 48118

P: 734-544-6955

F: 734-544-6956

### Matthew Slezziak, DO

Alissa Zoltowski PA-C

## Orthopaedics

### Ann Arbor Campus

5315 Elliott Dr., Suites 301 & 304  
Ypsilanti, MI 48197

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F: 734-887-0652

### Canton

1600 S. Canton Center Rd., Suite 2200  
Canton, MI 48188

P: 866-ORTHO-IHA (866-678-4644)

F: 734-887-0652

### Chelsea Campus

14650 E. Old US Highway 12, Ste. 104  
Chelsea, MI 48118

P: 734-593-5700

F: 734-426-9024

### Genoa

2305 Genoa Business Park Dr., Ste. 120  
Brighton, MI 48114

P: 866-ORTHO-IHA (866-678-4644)

F: 810-844-7567

### Schoolcraft Campus

19000 St. Joe's Parkway, Suite 400  
Livonia, MI 48152

P: 866-ORTHO-IHA (866-678-4644)

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Kelsay Payton, PA-C  
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Scott Thompson, PA-C  
Rebecca Turner, PA-C  
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## Plastic & Reconstructive Surgery

### Arbor Park

Trinity Health Medical  
Center - Arbor Park  
4990 W. Clark Rd., Suite 100  
Ypsilanti, MI 48197

### Genoa

Genoa Medical Center  
2305 Genoa Business Park Dr.  
Suite 210  
Brighton, MI 48114

### Schoolcraft Campus

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Center - Schoolcraft Campus  
19000 St. Joe's Parkway, Suite 300  
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Alysha Morrison, PA-C  
Jessica Pantaleo, CNP  
Sheila Putnam, PA-C

## Podiatry

### Ann Arbor Campus

Reichert Medical Center  
5333 McAuley Dr., Suite 4012  
Ypsilanti, MI 48197

### Brighton **NEW LOCATION**

205 W. Grand River Ave.  
Suite 200  
Brighton, MI 48116

### Plymouth

990 W. Ann Arbor Trail, Suite 102  
Plymouth, MI 48170

### Schoolcraft Campus

19000 St. Joe's Parkway, Suite 410  
Livonia, MI 48152

P: 734-572-1141

F: 734-572-1142

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Kalli Hewitt, DPM  
Angela M. Ostroski, DPM  
Oliver M. Ryan, DPM  
Douglas Stoinski, DPM  
Trevor McGowan, CNP



# What is Care Management?

At Trinity Health IHA Medical Group, Care Management works with patients who have moderate to complex illnesses. Located in your primary care practice, the care manager works in collaboration with your primary care physician and medical team to improve your overall health. The care manager works with you to assess and proactively manage your health, helping you to identify areas that you would like to improve or better manage.

## Nutrition Services

Our nutrition specialists offer nutrition counseling services at many locations. Their expertise can provide you with the necessary knowledge to achieve all of your individual and family dietary needs.

- One-on-one nutrition counseling
- Easy to follow, customized eating plans to achieve/maintain a healthy weight
- Prevention/management of chronic disease through dietary and lifestyle changes
- Weight management programs
- Guidance in managing nutrition science to form healthy habits that will help you look and feel better
- A healing approach to treating diagnosed medical conditions and their associated symptoms

## Trinity Health Academic Practices

Our team of faculty and resident physicians provide the most up-to-date, evidence-based medical care in a caring, compassionate environment. Working closely with each of our patients, we develop personalized care plans with a special emphasis on preventive care so that, in addition to helping you with health concerns, we can work with you to avoid ones that may come up in the future.



## In the Hospital

### Hospital Medicine

P: 877-336-6307  
F: 734-887-8978

### Neonatology

P: 877-336-6307  
F: 734-887-8979

### Pediatric Hospital Medicine

P: 877-336-6307  
F: 734-887-8979

## Surgery (CONT.)

### Trauma Surgery

**Ann Arbor Campus**  
Trinity Health Ann Arbor Hospital  
5315 Elliott Dr., Suite 201  
Ypsilanti, MI 48197

P: 734-712-3971  
F: 734-887-8941

**Livonia Hospital**  
Marian Professional Building  
14555 Levan Rd., Suite 311  
Livonia, MI 48154

P: 734-884-5024  
F: 734-884-5025

**Oakland Campus**  
Oakland Medical Office Building  
44555 Woodward Ave., Suite 501  
Pontiac, MI 48341

P: 248-338-7171  
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## Urology

**Ann Arbor Campus**  
Reichert Medical Center  
5333 McAuley Dr., Suite 3001  
Ypsilanti, MI 48197

**Genoa**  
Genoa Medical Center  
2305 Genoa Business Park Dr.  
Suite 210  
Brighton, MI 48114

**Schoolcraft Campus**  
Trinity Health Medical Center -  
Schoolcraft Campus  
19000 St. Joe's Parkway, Suite 320  
Livonia, MI 48152

**West Arbor**  
Trinity Health Medical  
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4350 Jackson Rd., Suite 350  
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## Vascular & Endovascular Surgery

**Ann Arbor Campus**  
Michigan Heart &  
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5325 Elliott Dr., Suite 101  
Ypsilanti, MI 48197

**Livingston**  
7575 Grand River Rd., Suite 205  
Brighton, MI 48114

**Chelsea Campus**  
Chelsea Professional Office Building  
14650 E. Old US Highway 12  
Suite 303  
Chelsea, MI 48118

**Schoolcraft Campus**  
Trinity Health Medical Center -  
Schoolcraft Campus  
19000 St. Joe's Parkway, Suite 300  
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# Before you rush to the ER, Call your Primary Care Office or 844-IHA-DOCS first!

You can call us 24 hours a day, 7 days a week!



## PRIMARY CARE

**For care and treatment of routine or immediate needs that are not life-threatening**

*For all medical concerns contact your primary care provider first. Your primary care provider is the most familiar with your medical history and provides routine or immediate care when it is not an emergency*

- |                     |                                    |                     |
|---------------------|------------------------------------|---------------------|
| Allergies           | Animal or Insect Bite              | Asthma              |
| Back Pain           | Cold & Flu Symptoms                | Diabetes            |
| Ear Pain            | Gastrointestinal or Stomach issues | Headaches           |
| High Blood Pressure | Immunizations or Shots             | Pink Eye            |
| Preventive Care     | Rashes                             | Routine Well Visits |
| Sore Throat/Cough   | Urinary Tract Infection            | Women's Health      |



## URGENT CARE

**For immediate but not life-threatening needs, when your Primary Care provider is unavailable**

*Call your Primary Care Office first if you believe you should go to an Urgent Care. Urgent care has evening and weekend hours when your primary care provider may not be available.*

- |                         |                       |                       |
|-------------------------|-----------------------|-----------------------|
| Allergic Reaction       | Animal or Insect Bite | Asthma Attack         |
| Back Pain               | Broken Bones          | Cold and Flu Symptoms |
| Ear Pain                | Minor Head Injuries   | Pink Eye              |
| Rashes                  | Sore Throat/Cough     | Sprains and Strains   |
| Stitches                | Moderate Stomach Pain | Tooth Pain            |
| Urinary Tract Infection |                       |                       |



## EMERGENCY ROOM

**For any life or death emergency or urgent after-hours needs OPEN 24/7**

*Call your Primary Care Office first if you believe you should go to the Emergency Room. You should follow up with your primary care provider after a visit to an emergency room.*

- |                                  |   |   |
|----------------------------------|---|---|
| Severe Asthma Attack             | Severe Broken Bones   | Severe Burns  |
| Severe Chest Pain                | Convulsions or Seizures   | Drug Overdose or Poisoning                                      |
| Bad Falls (Seniors)              | High Fever  | Fever in Newborn (under 2 months of age)                        |
| Severe Head, Neck or Back Injury | Loss of Consciousness   | Rapid Bleeding  |
| Severe Stomach Pain              | Heart Attack Symptoms (Chest Pain, Cold Sweat, Heartburn, Dizziness, Shortness of Breath) | Stroke Symptoms (Sudden Weakness, Dizziness or Speech Problems) |

**When experiencing a life-threatening emergency, call 911.**

# Mental Health, Behavioral Health and Substance Use Services

## Contact Us in Crisis

If you or someone you know is facing a mental health crisis, please call **988** or text "home" to **741741** to access the Michigan Suicide and Crisis Lifeline.



## Your Path to Healing

Are mental or behavioral health challenges holding you back? Are substance use issues interfering with your life? You are not alone, and the path to recovery starts at **Trinity Health IHA Medical Group**. Our dedicated team offers both **outpatient and inpatient care** in a supportive, nonjudgmental environment tailored to your needs.

## Services Offered

### Anxiety & Depression Help Via Our Collaborative Care Model

Collaborative Care is a type of Behavioral Health care that is embedded within your physician's office. Services include:

- A treatment team that includes you, your physician, a Behavioral Health Specialist and a consulting psychiatrist.
- A short-term, targeted treatment plan to help with managing symptoms related to anxiety or depression.
- Regular contact with your assigned Behavioral Health Specialist to talk about how you're doing, provide tools and help you achieve your goals.

### Outpatient Mental Health Services

Our outpatient programs offer support for children, adults, and families dealing with various mental health challenges, including but not limited to:

- Anxiety
- Schizophrenia
- Depression
- Bipolar Disorder
- Mood disorders

We provide:

- Psychiatry
- Individual and group therapy
- Counseling
- Psychological testing

### Partial Hospitalization Programs (PHP)

Designed for those needing intensive therapy without full hospitalization, PHP supports:

- Adolescents (12+) and Adults (18+)
- Patients with severe mental health concerns who need daily structured care
- The program is 6 hours a day, 5 days a week, with individual, group and family therapy, as well as psychiatry services and medication management

### Intensive Outpatient Programs (IOP)

Targeted for Adolescents (12+) and Adults (18+) who manage daily responsibilities but need additional support, the IOP includes:

- Group, individual, and family therapy
- Flexible sessions for developing coping strategies
- Psychiatry services and medication management
- The program is 3 hours a day, 3 days a week

### Addiction Recovery Services

We offer comprehensive recovery services for individuals facing challenges related to:

- Alcohol
- Opioids
- Prescription drugs
- Other substances
- The program offers intensive outpatient group and individual therapy
- Medication management related to addiction counter measures

## How to Get Started with Behavioral Health Services

- **Talk to Your Primary Care Provider:** Begin your journey by discussing your needs with your PCP, who can help direct you to appropriate services.
- **Explore Our Locations:** Trinity Health IHA Medical Group has facilities across Southeast Michigan, ready to assist you.

## Expect Personalized Care

At Trinity Health IHA Medical Group, we pride ourselves on providing:

- Evidence-based treatments
- A compassionate, experienced team
- Coordinated care and support for ongoing recovery

**Whether you need immediate assistance or are looking for long-term care, our doors are open, and we're here to guide you every step of the way. Reach out today to begin your journey toward mental wellness.**



### Child and Adolescent Therapy and Counseling:

- Trinity Health Academic Psychiatry & Counseling - Schoolcraft Campus
- Trinity Health IHA Medical Group, Psychiatry & Counseling - Ann Arbor Campus
- Chelsea Hospital Behavioral Health - Clocktower Commons

### Psychiatry Physician and APP:

- Trinity Health IHA Medical Group, Psychiatry & Counseling - Ann Arbor Campus
- Chelsea Hospital Behavioral Health - Clocktower Commons

### Partial Hospitalization:

- Trinity Health Adolescent Partial Hospitalization Program - Ann Arbor Campus

### Intensive Outpatient Program:

- Trinity Health Adolescent Partial Intensive Outpatient Program - Livingston Campus



### Geriatric Therapy, Counseling:

- Trinity Health Academic Psychiatry & Counseling - Schoolcraft Campus
- Trinity Health IHA Medical Group, Psychiatry & Counseling - Ann Arbor Campus
- Chelsea Hospital Behavioral Health - Clocktower Commons

### Psychiatry:

- Chelsea Hospital Behavioral Health - Clocktower Commons



### Adult Therapy, Counseling and Psychiatry:

- Trinity Health Academic Psychiatry & Counseling - Schoolcraft Campus
- Trinity Health IHA Medical Group Psychiatry & Counseling - Ann Arbor Campus
- Trinity Health IHA Medical Group Psychiatry & Counseling - Bloomfield
- Chelsea Hospital Behavioral Health - Clocktower Commons
- Trinity Health IHA Medical Group Psychiatry & Counseling - Genoa Campus
- Trinity Health IHA Medical Group Psychiatry & Counseling - Canton

### Partial Hospitalization:

- Trinity Health Adult Partial Hospitalization Program - Ann Arbor Campus

### Intensive Outpatient Program:

- Trinity Health Adult Intensive Outpatient Program - Ann Arbor Campus
- Trinity Health Adult Intensive Outpatient Program - Chelsea Campus

### Substance Use Disorder:

- Trinity Health Addiction Recovery - Ann Arbor Campus

### Inpatient Hospitalization:

- Trinity Health Inpatient Behavioral Health - Ann Arbor Hospital
- Trinity Health Inpatient Behavioral Health - Livonia Hospital
- Trinity Health Inpatient Behavioral Health - Oakland Hospital

### Electroconvulsive Therapy (ECT):

- Trinity Health Inpatient Behavioral Health - Ann Arbor Hospital
- Trinity Health Inpatient Behavioral Health - Livonia Hospital

## Trinity Health IHA Medical Group

# Psychiatry & Counseling

**Academic Psychiatry & Counseling**  
Trinity Health Medical Center - Schoolcraft Campus  
19000 St. Joe's Parkway  
Suite 310  
Livonia, MI 48152

**Ann Arbor Campus**  
Huron Oaks  
5401 McAuley Drive  
Ypsilanti, MI 48197

**Canton**  
1600 S. Canton Center Rd.  
Suite 210  
Canton, MI 48188

**Bloomfield**  
43097 Woodward Ave., Suite 101  
Bloomfield Hills, MI 48302

**Chelsea Hospital Behavioral Health - Clocktower Commons**  
Clocktower Commons  
350 North Main Street, Suite 150  
Chelsea, MI 48118

**Genoa**  
Cross Pointe Center  
2300 Genoa Business Park Dr.  
Suite 180  
Brighton, MI 48114

**Northville**  
775 North Center Street  
Northville, MI 48167

**West Arbor**  
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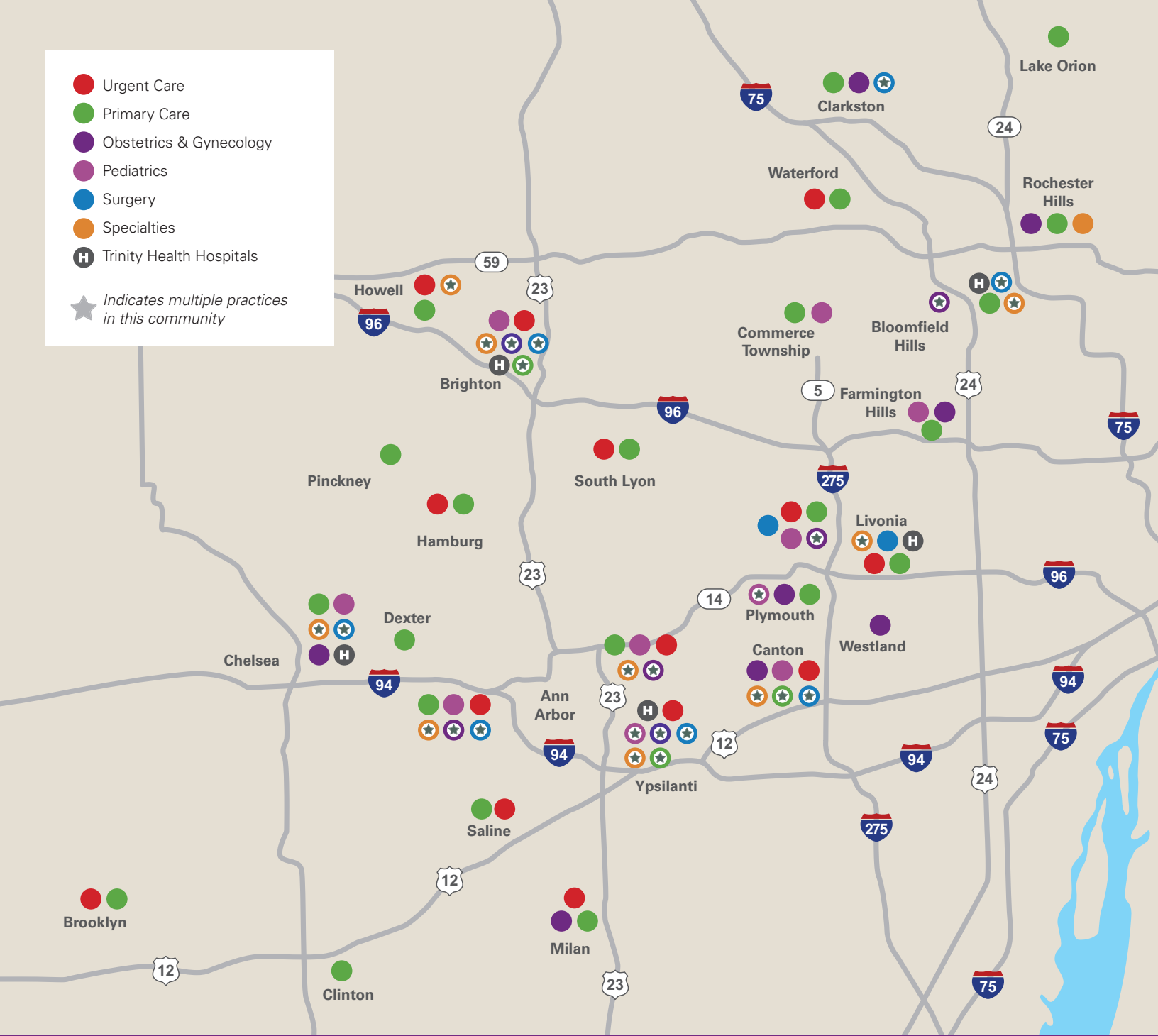
## Trinity Health Addiction Recovery

### Ann Arbor Campus

Huron Oaks  
5401 McAuley Drive  
Ypsilanti, MI 48197  
**P:** 734-786-2300

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- Urgent Care
- Primary Care
- Obstetrics & Gynecology
- Pediatrics
- Surgery
- Specialties
- H Trinity Health Hospitals
- ★ Indicates multiple practices in this community



## We keep growing!

Visit [TrinityHealthMichigan.org/Careers](https://TrinityHealthMichigan.org/Careers) for job postings.

Please visit us online at [TrinityHealthMichigan.org/Medical-Group](https://TrinityHealthMichigan.org/Medical-Group) for provider and practice location updates.



**IHA Medical Group**

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