

Trinity Health Michigan Food is Medicine

Building a Cooperative Network to Support ILOS

The Farm
at Trinity Health



In Lieu of Services (ILOS)

In Lieu of Services are services the state deems to be **medically appropriate and cost effective** when provided as a substitute for other Medicaid covered services.

The goal for ILOS is to **improve health** and reduce the future need for medical services by **reducing food insecurity** and ensuring enrollees have access to nutritious foods.

The initiative builds on and **compliments the existing food and nutrition strategies** in Michigan.

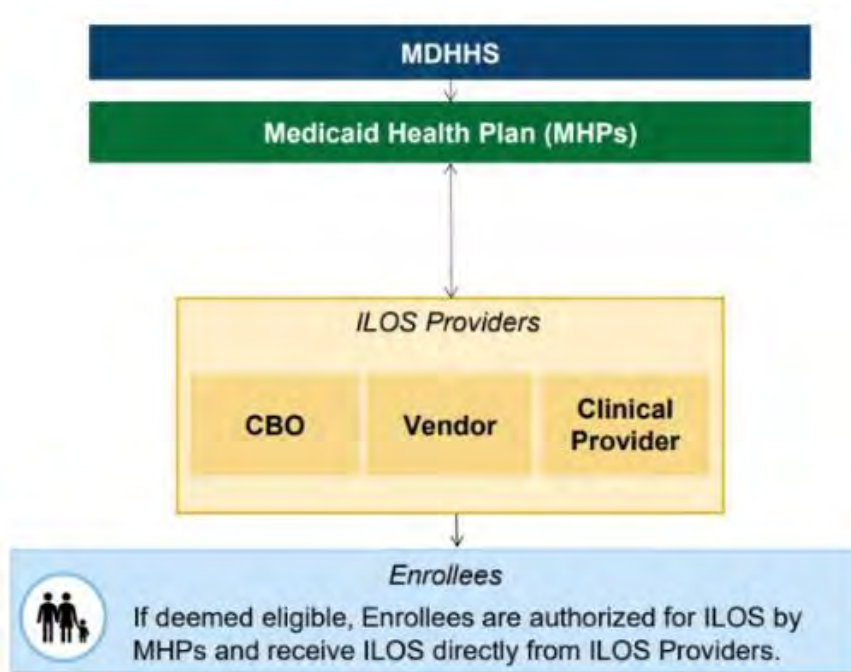


Image: general ILOS workflow for referrals

Trinity Health - Food is Medicine

Trinity Health Food is Medicine addresses nutrition and food insecurity while improving health and racial equity throughout Michigan.

We work to provide healthy food access and skill-building education for all our community members, including those managing diet-related chronic diseases.



ILOS Services

- ✓ Medically Tailored Meals
- ✓ Healthy Home Delivered Meals
- ✓ Healthy Food Pack
- ✓ Produce Prescriptions



Visit the [Michigan Department of Health and Human Services ILOS website](https://www.michigan.gov/dhhs) for more information

Trinity Health Michigan Food is Medicine

Building a Cooperative Network to Support ILOS

Trinity Health is a contracted ILOS service provider with strong community connections

As a healthcare system, Trinity Health is uniquely positioned to work with Medicaid Health Plans (MHPs) to deliver services to patients. Trinity Health Food is Medicine has over a decade of experience addressing community health needs through food access and nutrition education.

The same **technology and systems** that are built into our operating systems were identified as barriers for local community-based organizations to contract with MHPs.

Additionally, MHPs elevated the challenge of **contracting** with a multitude of small CBOs for ILOS service provision.

In response, Trinity Health is **piloting a scalable cooperative network to support Medicaid In Lieu of Services**. The project includes mapping the CBOs in Trinity's service region (Prosperity Regions 4, 9, and 10 – see below), selecting one region to pilot the network, and sharing findings to stakeholders.

The network is designed to improve ILOS access

- ✓ **MHPs** meet their 30% local vendor requirement
- ✓ **MHPs** serve a large geographic region with a single contract
- ✓ **CBOs** manage start up costs and risk
- ✓ **Enrollees** access to locally-embedded nutrition services

To learn more or get involved, contact: **Jae Gerhart** at jae.gerhart@trinity-health.org

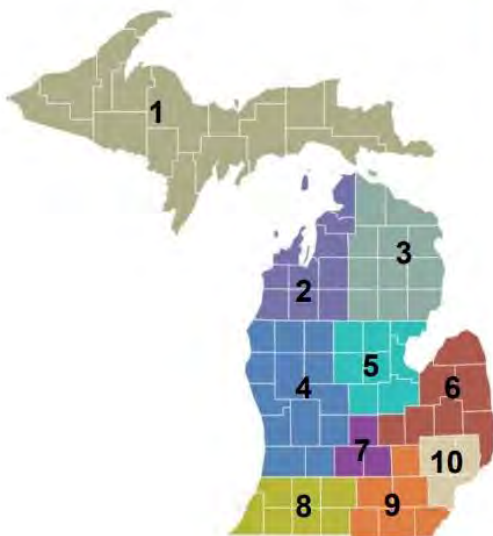


Image: network design for Trinity Health cooperative network

Pilot Project Phases

- **Jan – Mar 2026:** Asset Map of Prosperity Regions 4, 9, 10
- **Apr – Dec 2026:** Develop Network
- **Jan – Dec 2027:** Operate and evaluate
- **Jan – Mar 2028:** Share findings

Michigan Prosperity Regions



Region	Medicaid Health Plan						
	Aetna Better Health of Michigan	Blue Cross Complete of Michigan	HAP CareSource	Meridian Health Plan, Inc.	Molina Health Plan of Michigan	Priority Health Choice	United Healthcare Community Plan
2		✓ MTM ✓ HDM ✓ HFP			✓ MTM ✓ HDM ✓ HFP ✓ PRx	✓ MTM ✓ HDM	
3		✓ MTM ✓ HDM ✓ HFP			✓ MTM ✓ HDM ✓ HFP ✓ PRx	✓ MTM ✓ HDM	
4		✓ MTM ✓ HDM ✓ HFP			✓ MTM ✓ HDM ✓ HFP ✓ PRx	✓ MTM ✓ HDM	✓ MTM
5		✓ MTM ✓ HDM ✓ HFP			✓ MTM ✓ HDM ✓ HFP ✓ PRx		
6		✓ MTM ✓ HDM ✓ HFP	✓ MTM ✓ PRx	✓ MTM ✓ HDM ✓ HFP	✓ MTM ✓ HDM ✓ HFP ✓ PRx		✓ MTM ✓ PRx
7	✓ MTM ✓ HDM ✓ HFP ✓ PRx		✓ MTM ✓ PRx				✓ MTM ✓ PRx
8	✓ MTM ✓ HDM ✓ HFP ✓ PRx						
9	✓ MTM ✓ HDM ✓ HFP ✓ PRx	✓ MTM ✓ HDM ✓ HFP	✓ MTM ✓ PRx				
10	✓ MTM ✓ HDM ✓ HFP ✓ PRx	✓ MTM ✓ HDM ✓ HFP	✓ MTM ✓ PRx	✓ MTM ✓ HDM ✓ HFP	✓ MTM ✓ HDM ✓ HFP ✓ PRx	✓ MTM ✓ HDM	

KEY:

MTM = Medically Tailored Home Delivered Meal
HFP = Healthy Food Pack

HDM = Healthy Home Delivered Meal
PRx = Produce Prescription

☐ = Medicaid Health Plan does not operate in that Region or does not offer ILOS in that Region.