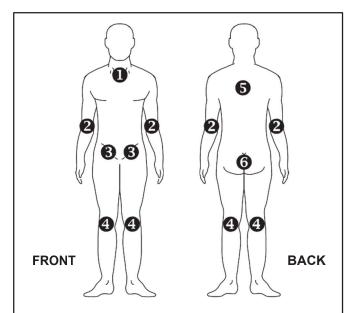
## **Preoperative Skin Preparation Instructions**

## Night before surgery about 7pm:

- 1. Shower or bathe with antibacterial soap (example: Dial®)
- 2. Wash hair with any shampoo
- 3. Towel dry with a clean towel
- 4. DO NOT apply any makeup, lotions, oil, powders, or deodorant on your skin
- 5. Dress in clean clothes/sleepwear
- 6. Place clean sheets on bed
- 7. Wait (2) hours, until skin is cool and dry
- 8. Proceed with Chlorhexidine Gluconate cloth directions

## <u>Chlorhexidine Gluconate cloth directions about 9pm</u> <u>night before surgery:</u>

- Open the packages
- · Remove the cellophane film and discard
- Using the scissors to cut off the end seal of all (3) packages
- Wash and dry hands prior to use
- **DO NOT** use the product on your face or private areas
- Use (1) clean cloth to prep each area of the body in order as shown in steps 1-6
- · Wipe each area in a back-and-forth motion
- Wipe each area thoroughly
- Assistance may be required
- Use all cloths in the packages
- · Discard cloths in trash can
- Allow your skin to air dry
- Skin will feel sticky/tacky DO NOT WIPE OFF
- · Chlorhexidine Gluconate cloths will not stain fabrics
- Keep pets out of bed
- · Relax or sleep



Note: Do not use on face or private area.

- 1. Wipe your neck and chest.
- 2. Wipe both arms, starting each with the shoulder and ending at fingertips. Be sure to thoroughly wipe the arm pit areas.
- 3. Wipe your abdomen and right and left hip including thigh creases.
- 4. Wipe both legs, starting at the thigh and ending at the toes. Be sure to thoroughly wipe behind your knees.
- 5. Wipe your back starting at the base of your neck and ending at your waist line. Cover as much area as possible. Assistance may be required.
- 6. Wipe the buttocks.

## Morning of surgery:

- 1. DO NOT shower, bathe, or shampoo hair
- 2. Wash face and private areas
- 3. Brush teeth and rinse mouth
- 4. Wear loose comfortable clothing to hospital