

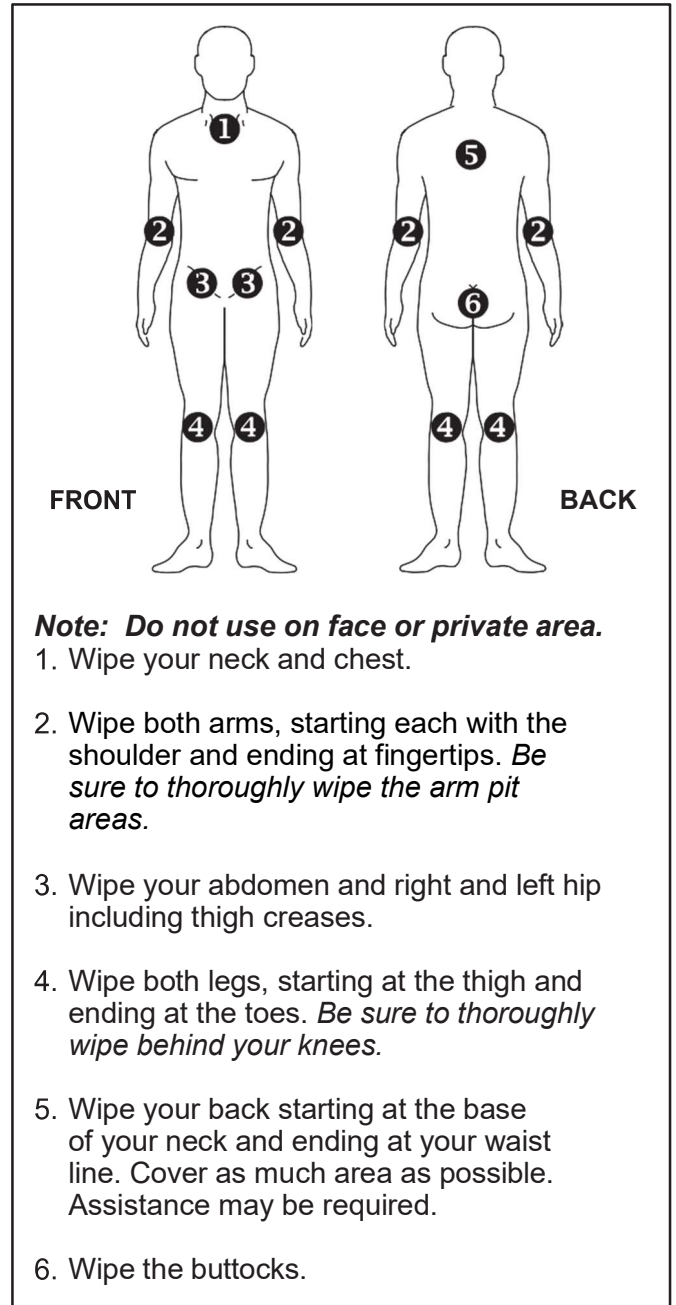
Preoperative Skin Preparation Instructions

Night before surgery about 7pm:

1. Shower or bathe with antibacterial soap (example: Dial®)
2. Wash hair with any shampoo
3. Towel dry with a clean towel
4. DO NOT apply any makeup, lotions, oil, powders, or deodorant on your skin
5. Dress in clean clothes/sleepwear
6. Place clean sheets on bed
7. Wait (2) hours, until skin is cool and dry
8. Proceed with Chlorhexidine Gluconate cloth directions

Chlorhexidine Gluconate cloth directions about 9pm night before surgery:

- Open the packages
- Remove the cellophane film and discard
- Using the scissors to cut off the end seal of all (3) packages
- Wash and dry hands prior to use
- **DO NOT** use the product on your face or private areas
- Use (1) clean cloth to prep each area of the body in order as shown in steps 1-6
- Wipe each area in a back-and-forth motion
- Wipe each area thoroughly
- Assistance may be required
- Use all cloths in the packages
- Discard cloths in trash can
- Allow your skin to air dry
- Skin will feel sticky/tacky – **DO NOT WIPE OFF**
- Chlorhexidine Gluconate cloths will not stain fabrics
- Keep pets out of bed
- Relax or sleep



Morning of surgery:

1. DO NOT shower, bathe, or shampoo hair
2. Wash face and private areas
3. Brush teeth and rinse mouth
4. Wear loose comfortable clothing to hospital